Confidentiality

Your health information is confidential and will only be released with your written permission, or as required for your health care and treatment. Information contained as part of your counseling & health care files are not part of academic records.

Check out our Health Website at:
http://www.sunyjefferson.edu/node/88

Health and Wellness News
For Wellness tips visit:
Student Health 101
http://readsh101.com/sunyjefferson.html
Student Health 101: The Parent Perspective

Accidental Insurance Help
Students who are full time, or enrolled in the nursing, paramedic or animal management programs have accidental insurance coverage. Other students can purchase this at low cost. For information, call the Health & Wellness office or click on ‘Student Insurance’ on our webpage.
Our Mission
The Health and Wellness Center is committed to providing a safe and secure environment in which all students are treated with dignity and respect. Our Wellness Center exists to facilitate the enhancement of student development, health, retention, and success by encouraging and developing health decision-making, promoting stress management, and improved coping skills to manage daily situations.

Health Services for Students
- Basic care for minor illnesses and injuries
- Referrals to specialists
- Educational materials on health issues
- Influenza and PPD clinics
- Single dose packs of over-the-counter medications
- Limited personal care items (deodorant, pads, lip balm, contraceptive assistance)
- Approval of physicals at a contracted provider for students who require physicals for their program of study
- Help with accidental insurance claims

There is no charge for an office visit, but students are responsible for off-campus health care costs, including laboratory work, x-rays, pharmaceuticals, supplies, and injections.

Counseling Services are also available at the Health & Wellness Center:
- Short-term personal counseling
- Mental health/community referrals