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Jefferson Community College
1220 Coffeen Street
Watertown, NY 13601

State University of New York
Sponsored by Jefferson County

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This publication is produced by the Marketing & Public Relations Office at Jefferson Community College.

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Rolling out a new strategic plan is always fun. These plans are filled with great ideas and optimism. They lay out a roadmap for where the organization is trying to go and paint an appealing picture for the future. The strategic plan that Jefferson Community College rolled out last year is no different – lots of bold initiatives to benefit both current and future students as well as our community. However, too often strategic plans wind up sitting on a shelf and no one pays any attention to them until it is time to dust them off and report on any progress that has been made. At Jefferson we take implementing our strategic plan very seriously. We have had a busy year and I am pleased to share with you a number of positive accomplishments related to each strategic direction.

Direction 1: Student Success
Jefferson Community College will enhance students’ ability to succeed in their educational and career goals by embracing a “students first” approach.

- Development of “early alert” systems and interventions for students who are struggling academically. We’ve already seen a decrease in the number of students who don’t continue to the next semester.
- July opening of a new welcome center which provides a helpful first stop for new students.

Direction 2: Programs and Services
Jefferson Community College will expand its programs, services and facilities to meet community educational needs and reach new populations.

- Working to bring additional allied health training to the area. Our paramedic program expanded to provide training for medics from Fort Drum in partnership with the Black River Ambulance Squad.
- Curriculum development for a new weekend nursing program (to begin in January 09) is well underway.
- Opening of the Entrepreneurship Center and development of an entrepreneurial studies certificate in partnership with the Small Business Development Center.
- Selection of a site for our interim Higher Education Center and working with potential partners to develop a strong mix of baccalaureate and masters level programs to provide at the center (to open late Fall-09).
- Launch of an online career placement service called CANNONLink.

Direction 3: Community Image and Engagement
Jefferson Community College will be the “College of Choice” for educational opportunities in the North Country.

- Development and launch of a new logo and brand image for the College to capitalize on multiple markets.
- Accreditation of the concurrent enrollment program with area high schools (EDGE) by the National Association of Continuing Education Providers.

Direction 4: Institutional Sustainability
Jefferson Community College will strengthen its sustainability and viability.

- The College’s new Grants Officer developed 11 funding proposals, seeking more than $4.5 million for College initiatives. To date, $2,042,000 has been awarded to the College.
- A 6% increase in Spring enrollment due to initiatives such as increasing outreach at area high schools and providing on-site placement testing.

Direction 5: Organizational Excellence
Jefferson Community College will build a collaborative culture that promotes excellence.

- Consolidation of our financial aid and student records offices to improve student services and achieve operational efficiencies.

As you can see it has been a busy and productive year at Jefferson Community College. I look forward to sharing more about our strategic accomplishments next year.

Carole A. McCoy
Jefferson Community College held its 45th annual commencement ceremony on Friday, May 15. Jefferson’s class of 2009 was comprised of 495 students who graduated in December 2008 or were candidates for graduation in May or August of 2009, pending satisfactory completion of coursework. The class of 2009 included Jefferson’s first graduates of the Teaching Assistant Certificate program.

Cindy F. Intschert, J.D., Jefferson County district attorney and distinguished Jefferson alumna, delivered the keynote commencement address. She has served with the Jefferson County District Attorney’s office since 1985 and as the county’s district attorney for the last 10 years.

Originally from Black River and a graduate of Carthage Central School, Mrs. Intschert received her associate of applied science degree in criminal justice from Jefferson, followed by her bachelor of professional studies degree in criminal justice from the State University of New York (SUNY) Institute of Technology (then College of Technology) at Utica/Rome. She earned her juris doctor degree in faculty of law and jurisprudence from the University of Buffalo and was admitted to practice in New York State in 1985. Mrs. Intschert’s professional expertise and her commitment to the North Country community have received extensive recognition statewide, including the prestigious Athena® Award she received from the Greater Watertown North Country Chamber of Commerce in 2006.

Adrienne H. Teachout of Orwell represented the class of 2009 as the student commencement speaker. She is a graduate of Sandy Creek Central School and enrolled at Jefferson in August of 2007 with 23 college credits already in hand. She graduated from Jefferson with an associate of science degree in mathematics and science.

Adrienne was named to the President’s List or Dean’s List each semester throughout her studies at Jefferson and was a member of the national Phi Theta Kappa honor society. She was a recipient of the 2009 SUNY Chancellor’s Award for Student Excellence and was named to the Phi Theta Kappa All-New York State Academic Team. On campus, she was honored as the Outstanding Mathematics Student from the Science Division and the Faculty Association Outstanding Student of the Year.

While at Jefferson, Adrienne worked as a Student Ambassador for the Admissions Office, served as the student representative on the Academic Affairs Committee and as a peer tutor for physics. This fall, she plans to attend SUNY Cortland to pursue a degree in mathematics and physics education with a goal of teaching at the high school or college level.

During commencement, both Adrienne and Liana M. Newton of Lorraine were recognized for receiving the SUNY Chancellor’s Awards for Student Excellence earlier this year. The Chancellor’s Award for Student Excellence acknowledges students who have best demonstrated the integration of academic excellence with other aspects of their lives: community service, athletics, creative and performing arts, leadership and career achievement.
Ms. Newton, a graduate of South Jefferson Central School, received an associate in science degree in business administration. With her 4.0 grade point average, Liana was named to the President’s List for each semester of her enrollment at Jefferson and she was a member of the Phi Theta Kappa national honor society. Liana is jointly enrolled in the baccalaureate business administration program with SUNY Potsdam where she will continue her studies this fall.

Ms. Teachout was also recognized along with Cheryl A. Gallahue of Fort Drum for being named to the All-New York Academic Team for Phi Theta Kappa, the national honor society for community colleges. To be chosen for the All-New York academic team, students must have a grade point average of at least 3.25 and have a history of scholarly achievement and outstanding service to campus or community. Ms. Gallahue, originally from Canandaigua, received her associate in applied science degree in nursing from Jefferson Community College. She was named to the President’s List for four consecutive semesters at Jefferson. Cheryl plans to enroll in a baccalaureate program at SUNY Upstate Medical University and pursue a nursing career specializing in intensive care. She began work in the Progressive Care Unit at Samaritan Medical Center following graduation.

Class of 2009 Facts
* Fourteen students received two degrees each
* 509 degrees were awarded:
  135 A.A.S. degrees
  147 A.A. degrees
  212 A.S. degrees
  15 certificates
* 23 graduates completed their degree completely online
* More than half (67%) of graduates took at least one online course
* 30% of this graduating class was comprised of active duty soldiers and their family members, veterans, retirees or members of the Army Reserves.

Additional Commencement Accolades:
* Faculty/staff members Courtney A. Bauer, Mary M. Kinne, DeEtte M. Marshall and Ronald R. Palmer received SUNY Chancellor’s Awards for Excellence – article on page 18.
* Jefferson alumnus Warren G. Fargo was named recipient of the 2009 Jefferson Citation – article on page 22.
Jefferson Students Experience Excursion Study Program in New Orleans
On Friday, June 12, ten Jefferson Community College students embarked on an adventure as part of an excursion study program to New Orleans. These students, led by English instructor Christine Grimes Topping and her husband Brian, flew to New Orleans to experience life in the Big Easy for ten days and to study Southern literature. The students had previously spent three weeks reading works by authors like Tennessee Williams, William Faulkner, Kate Chopin and Anne Rice, while discussing the elements of literature in their English 102 Literature and Composition course.

Jefferson has offered a European Excursion Club for many years; however, this excursion study course pairing classroom time with travel learning was a new opportunity for Jefferson. Jefferson Community College partnered with the University of New Orleans to find both classroom and dorm space. Each day of the trip was filled with at least one, and sometimes two, scheduled learning excursions that were tied to the literature course and three mornings were spent in the classroom on the University of New Orleans campus. From a cemetery tour to a "ghosts and spirits" tour to sampling local delicacies and listening to local music, to spending a day volunteering to help Habitat for Humanity, the students experienced a fun-filled and educational 10 days in the Big Easy.

During their first Friday night in the French Quarter, the students completed a scavenger hunt through gift shops and down the infamous Bourbon Street to become acquainted with the area. From finding quotes about Hurricane Katrina to being entertained by a street performer, the students experienced a brief taste of New Orleans on their first evening in the city. On Saturday, the students took Dr. Wagner's Honey Island Swamp Tour where their tour guide called out sightings of herons and turtles as they made their way further into the swamp to search out alligators. Later that day, the students enjoyed the Vieux to do weekend, made up of the Creole Tomato Festival, the Louisiana Seafood Festival, and the Zydeco Festival all converging in the French Market area. Students tried fried gator on a stick, crab balls, and shrimp or crawfish po-boys, the famous sub style sandwiches on French bread. Carrie McNay remarked, "The food was one of my favorite parts of the trip...I found out that even though something may not look appetizing it might be really good!"

On Sunday morning, the Jefferson group took a guided literary walking tour of the city. Although temperatures topped ninety five, the group enjoyed seeing the homes and haunts of Tennessee Williams, William Faulkner, and even Zora Neale Hurston, while learning a little about the history of the Quarter as well. After the literary tour, they caught the St. Charles Streetcar down to Le Chat Noir playhouse to a live staging of The Valley of the Dolls. The comedic adaptation of this play left the entire group with memories that they will never forget.

Tuesday morning found the students in the classroom reviewing and discussing their texts in light of their experiences. There were so many topics to cover that class time went by quickly and the group prepared for a highly anticipated Hurricane Katrina tour. The group watched through the bus windows as they saw the white patched areas where the levees have been put back, exactly as they were previously in many areas. They toured through the upper and lower 9th wards and saw firsthand the "Katrina tattoos" where spray painted X's documented how many survivors and victims had been found as National Guard volunteers searched the houses. Chelsey Patchen commented on the tour and the emotional impact that it had for her: "For those living in the poverty stricken areas like the ninth ward and other places that suffered the most from the flooding, I felt for them. It does not have the same impact until a person sees it for themselves."

On Wednesday the group met for another morning of classroom activities, yet had the benefit of speaking with New Orleans photographer and author of the Katrinaville Chronicles, David Spielemann. Mr. Spielemann spoke candidly with the group about his experiences staying behind in New Orleans to watch over the St. Clare's convent for his friendly neighborhood nuns. From having a gun pulled on him over filling his car with gas to being the last to receive a generator he had driven two states away to get, his true life account was inspiring.

At the end of the week the students spent a day volunteering their time for Habitat for Humanity, working on a home being built in an area previously flooded by Hurricane Katrina. The twelve members of the group volunteered a combined 48 hours to the habitat build by working in two groups applying siding. One group of six featured several brave souls on extension ladders working near the roof of a house. The other group of six balanced on boards between ladders attaching composite siding at slightly lower levels. At the build, the group met members from AmeriCorps and several church groups who continue to volunteer to help Hurricane relief.

On Saturday the group enjoyed their last day in New Orleans by exploring the city and completing last minute to-do lists before meeting for a scenic jazz cruise on the Steamboat Natchez.

As the Jefferson students traveled home on Sunday, many commented on how quickly the trip had passed and how much they had enjoyed it. Maricia Dickinson commented: "When we got there I could not wait to explore the city and the French Quarter. Once we started our adventure in New Orleans it was surprising to see how much of the books we read correlated with the city. Everything was so interesting and had a specific story of its own. The tours we took were full of so much information, it was impossible to remember it all unless you wrote it down. The class was a lot of fun and the trip was honestly an experience that I will never forget."

The students were all members of the Broader Horizons Club, which started fundraising almost 9 months before the trip in order to earn enough for the $1100 price per student, with an additional cost for tuition if the student wished to take the ENG 102 course. The students sold coupon books, candles, held bake sales, and worked very hard to host a Fat Tuesday New Orleans luncheon where they sold Cajun chicken, corn bread, and jambalaya. The group was also sponsored by a generous Chester Lee Travel Grant funded by the Lee family and applied for through the JCC Foundation. This trip represented the best type of collaboration from Jefferson faculty, administrators, staff, students, and Foundation as a way to offer a new opportunity for its students to experience literature beyond the classroom. Jedidiah Johnson claims, "It was the greatest experience of my life so far." Truly, all the participants on the Broader Horizons excursion trip to New Orleans discovered just one of the ways that Jefferson offers opportunities to discover more.
Teaching Assistant Certificate Classes to be Offered in Lowville

JCC will offer courses beginning August 31 at Lowville Academy for those interested in pursuing Jefferson’s Teaching Assistant Certificate. Students can earn a certificate in this 24-credit, part-time teaching assistant program in just two years.

The Teaching Assistant Certificate program emphasizes essential communication skills such as composition, public speaking; child development; and the background for historical and mathematical concepts. This program fulfills the academic requirements of 80-5.6 of the NYS Commissioner’s Regulations for Teaching Assistants. Additionally, all certificate requirements also apply to Jefferson’s two-year A.A. Childhood Education degree program and provide a smooth transition to baccalaureate level education programs.

There are a variety of financial aid options available and interested students can contact Jefferson’s Financial Services and Student Records Office at 315-786-2355. Additional college funding, up to $8000, is available through the Workforce Investment Act and American Recovery and Reinvestment Act for qualified students. To find out if you qualify and to learn more, call The Workplace at JCC, 315-782-9252.

For more information about classes held at Lowville Academy, call Sharon Rothenberger at JCC, 315-786-2391.

Financial Aid Options Abound for Military/Family Members

Beginning college brings many unknown questions for students such as how to pay for tuition, textbooks, childcare, transportation and other expenses. For service members and their family members, the lack of nearby family support and unfamiliarity of the local area are additional obstacles. At Jefferson, students do not need to be a millionaire to afford a great education nor are they alone. However, students do need to know where to look for financial aid options.

The JCC office at the Fort Drum McEwen Education Center is a good place to start! Army education counselors can provide information about scholarships for eligible active duty military, spouses and their dependents. “When in doubt, at least fill out the (financial aid) forms,” says JCC liberal arts major and military spouse, Karleen M. Campbell. “The worst thing that can happen is to be awarded nothing.”

The NYS Tuition Assistance Program (TAP) waived its state residency requirement for full-time active duty service members, their spouses and dependents stationed in New York. Today, the cost savings for full-time students is $950!

Recently, a revision to the Veterans Tuition Award (VTA) provides 98% funding for active duty members enrolled in a degree program at Jefferson.

A recent revision to the GI Bill provides veterans with a housing allowance and book stipend beginning August 1. Benefits, based on the number of college credits and applicable payment tier, are sent directly to the institution eliminating due balances before the semester begins.

Information: Contact Mariya Clemens at JCC, 315-786-2283.

JCC financial aid office at 315-786-2355 or contacting the Fort Drum Education Center at 315-773-9007.
JCC Nursing Program Both Rigorous and Gratifying

Jefferson’s nursing degree is a rigorous 68-credit program designed to prepare students for first level positions in patient care and fulfill eligibility requirements for students to sit for the National Council Licensure Examination (NCLEX) for registered nurses. The annual pass rate for JCC students taking the NCLEX averages between 95-98%, ranking Jefferson 3rd in New York State among college pass rates.

May 2009 nursing graduate, Rhonda Miskowski of Watertown shares some insight.

What advice would you give to future nursing students? Study hard! There are no short cuts to reading the chapters. JCC is known for having a tough nursing program, but their graduates pass the NCLEX at an astounding rate on the first try. You never stop learning. It’s nursing - there’s always more to learn and room to grow.

I would also tell them to enjoy the ride and be proud. I remember sometime in the third semester, I watched the TV program **House** and understood everything they were talking about. I thought to myself, “Hey, I can’t believe I know all this!”

How do you feel JCC’s nursing program prepared you for a nursing career? At JCC, I learned that it’s not the knowledge of a nurse that matters - it’s knowing how to apply the knowledge that counts. Being knowledgeable about the causes of diabetes is one thing, knowing exactly what to do for someone in diabetic ketoacidosis is another. JCC taught me that it’s not enough to have it in your head; you’ve got to know what to do at the bedside.

Medication is another biggie. JCC drills it into your head that you are the last hope for a patient when it comes to a medication error. It comes through our hands straight to the patient so you have to know the right dose, right time, right patient, right medication, right route, etc.

I was talking to some classmates about how scary it was going to be once we were all alone in the med room with no instructor to guide us. Someone piped up and said, “Are you kidding? Marie Hess will always be in my head saying, ‘Are you sure? Did you check, double check, check again?!’”

Some people say JCC is too hard and they look for an easier route to getting their R.N. I went to a student nurses convention in Nashville and found out everyone suffers through nursing school. All over the country people are sacrificing their time and money and studying hard and long into the night to reach the R.N. goal. It’s hard everywhere. The nurses at Samaritan pat students on the back every now and again and compassionately say, “Hang in there.” No one forgets how tough nursing school is.

What are your plans after graduation? I have applied for a pediatric position at Samaritan. I attended a Christmas tea at Samaritan for student nurses so we could talk to the different nurse managers. Someone asked me what floor I wanted to work on. I told her I wanted to be somewhere that I could impact the most people. She smiled at me and said, “Honey you’re going to be a nurse. You’re going to impact everyone you touch, everyday.”

I feel like I’ve only just begun to realize the potential of my new profession. The day I walked into JCC 3 years ago with my nursing application in hand...it was a great day!

**JCC will offer a weekend nursing program on campus beginning in January 2010. To learn more about JCC’s nursing program, visit www.sunyjefferson.edu.**

Fall 2009 Registration Continues

There’s still time to apply to college and register for classes beginning August 31. Classes are offered on campus, online and on Fort Drum. Eight-week classes begin August 31 and October 26. Simply complete the free application available online at www.sunyjefferson.edu or request an application packet by calling an admissions counselor at 315-786-2277 / toll-free 800-435-6522.

Need assistance filling out the college application or financial aid paperwork? Call JCC’s Welcome Center at 315-786-6567. Campus tours available!
16-Year Old JCC Student Uses Cooking Skills to Earn Annual $7500 Paul Smith’s Scholarship

Sixteen-year-old freshman Kelcey D. Rusch, of Rossie, takes cooking seriously and plans to use her cooking skills to advance in the culinary arts field. She is well on her way! A homeschooled student, Rusch entered Paul Smith’s College Cooking for Scholarships Competition-Culinary Arts Contest. The competition consisted of a written exam testing the contestant’s knowledge of common culinary terms; a knife skills demonstration; a sauce test; preparation of a menu in 30 minutes and a meal in three hours. Both menu and meal components required inclusion of a sauce, starch, vegetable and protein, of which the protein was not revealed until minutes prior to the start of the competition.

“Kelcey displays the culinary skills and an eye for presentation of an individual much further along in their professional training,” says Janet “Boo” Wells, chef and culinary instructor at JCC, “It is very apparent from her skill level that Kelcey has spent an enormous amount of time learning from experimentation and independent study.”

In pursuit of her goal to become a chef and using the skills and knowledge learned at Jefferson, Rusch entered Paul Smith’s College Cooking for Scholarships Competition-Culinary Arts Contest. The competition consisted of a written exam testing the contestant’s knowledge of common culinary terms; a knife skills demonstration; a sauce test; preparation of a menu in 30 minutes and a meal in three hours. Both menu and meal components required inclusion of a sauce, starch, vegetable and protein, of which the protein was not revealed until minutes prior to the start of the competition.

Competing with 17 other contestants, Rusch took 1st place and earned a $7500 annual scholarship to Paul Smith’s College. Her winning entry was a pork stir-fry with broccoli and red and yellow bell peppers cooked with a peanut sauce prepared over white rice.

Rusch will transfer from JCC to Paul Smith’s College this fall with a dual major in culinary arts management and liberal arts.

Students Awarded Clarkson Transfer Scholarships Totaling $20,000

May 2009 graduates and engineering science majors at JCC, Catherine E. Burgess and Robert L. Goforth are recipients of Clarkson University’s transfer scholarships totaling $20,000.

Catherine E. Burgess, Watertown, received the Clarkson Transfer Scholarship in Leadership totaling $11,000. The scholarship is awarded to a transfer student recognized as being a positive contributor in their school and community who demonstrates outstanding leadership skills and holds a 3.25 or higher grade point average. Robert L. Goforth, Watertown, received the Clarkson Transfer Scholarship in Achievement. The $9,000 scholarship is awarded to a transfer student who demonstrates academic excellence, having a 3.25 or higher grade point average and shows involvement in extracurricular activities.

Catherine and Robert will begin college in the Fall at Clarkson University.

Many transfer scholarships exist for students continuing their education beyond Jefferson. Students can check with the Student Records and Services Office and the advising/counseling center at JCC to learn of opportunities.

Campus Kudos

Kerry L. Young, assistant to the Vice President for Administration and Finance, has been named an Emerging Leader in 2009 by the American Association of University Women (AAUW). Kerry has been a member of AAUW since 2006 and is currently serving her third term as secretary for the Jefferson County AAUW Branch.

Jill M. Bettinger, Dean for the Continuing Education Division, was recently named one of “Forty Leaders Under Forty” by the Watertown Daily Times. The newspaper’s 2009 Progress Edition highlighted young leaders making their home and a difference in our northern New York community.

Melody A. Brenon, switchboard operator, was honored with a $125 James Penney (JC Penney) Award for Community Service. After completing 106 volunteer hours to the JCC Women’s Organization (JCCWO), WPBS-TV, and the Watertown Daily Times, Brenon submitted her time for a cash contribution to a non-profit organization of her choosing, the JCCWO, of which she is a long-time member. The donation will be used for scholarships awarded annually by the organization.

Donald R. Johnson, JCC’s military advisor on Fort Drum, and Jill M. Bettinger, Dean for Continuing Education, were co-presenters at the American Association of Community Colleges annual conference in April. They presented as part of a session entitled ”Educating America’s Wounded Warriors: Picking Up Where They Left Off.”

Michelle D. Pfaff, member of the JCC Board of Trustees and Vice President with Community Bank, N.A., was named Financial Services Champion of the Year for the Central New York district of the U.S. Small Business Administration. Ms. Pfaff was nominated by John T. Gould, senior business advisor at the Small Business Development Center at Jefferson Community College.

Jean Kenney, former nursing instructor, wrote the book NANA CAN YOU HEAR ME? which was recently published by Merit Publishing International. The book, which features a forward written by musician Phil Collins, deals with her personal experiences with hearing loss. Jean wrote this for her first grandchild when she began to notice something in her ear and that it sometimes squeaked. Says Kenney, “Throughout the book I try to instill values and the need to respect everyone. Just because someone can’t hear doesn’t make them a lesser person in society.”

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Meet the New Student Government for 2009-2010

In April, the Jefferson Community College student body elected the president and vice president of SG for the upcoming 2009-2010 academic year. Jennifer Maddox, Evans Mills, was elected president and Hannah King, Watertown, was elected vice president. Jennifer Maddox is a senior majoring in liberal arts – humanities and social sciences. As president of SG, Jennifer’s goals are to find new ways for students to present their ideas to SG, and to help students understand how they can be involved in their community. Prior to moving the North Country and attending JCC, Jennifer was a mortgage account executive with Bank of America.

Hannah King is a senior majoring in liberal arts – mathematics and science with plans to become a math teacher at either the high school or college level. During her freshmen year, Hannah was a member of the B.A.S.I.C. and math clubs, a tutor for the Learning & Success Center and worked in the financial aid office. As SG vice president, Hannah is excited to represent the students and she plans to work closely with the 30+ student clubs on campus.

Changes to Network, CannonMail and Blackboard for Fall

The Institutional Technology department has been busy working on several major changes to the campus network, email system and course management system. These changes include:

**Campus Network.** Equipment upgrades are being installed to ensure the on-campus network will be able to accommodate the growing needs of the College. These include a new core switch which is the main control of all network traffic and a new network firewall. Additionally, the campus network is being migrated to a new network operating system. This is a 2-year project; future features include more self-service support options and single log-in access to multiple JCC applications.

With the network migration, all students will be assigned a login ID and password which will work on any student-use computer on campus. Login directions will be available in each computer classroom.

**Faculty/Staff Email.** New email will be available in August. Email addresses will not change but there will be more features such as an integrated calendar; a more user-friendly web version, and an address book available in both versions.

**Student Email.** JCC provides all students who are registered for a credit-bearing course access to a free student email system called CannonMail, provided through a partnership with Microsoft™. For returning students, things will look a little different as new features were added.

**New Benefits of CannonMail**

- Increased email storage (10gb)
- SkyDrive – Storage space of 25 gb for you to save and access files from anywhere with Internet access. Files are private, with the option to make available to a defined group or the public.
- Calendar – mark appointments, share with others, and schedule meetings
- Anti-Spam and virus protection
- Access to Office Workspace, with 5gb of space for shared project work
- Ability to search messages and inbox
- Ability to synchronize contacts and calendars with Windows Mobile and iPhone systems

CannonMail is Jefferson’s official email used by the College to send emails to students. Using this account also helps provide credibility when communicating with College departments/faculty.

Your CannonMail account is yours as long as you would like to keep it—even after you have graduated from JCC. Alumni and retirees of JCC are also now eligible for a CannonMail account.

**Blackboard Upgrade.** Blackboard is a virtual extension of the campus community. It is used for all of Jefferson’s online courses and to enhance face-to-face courses. Also, it is used by the campus for everything from student government elections, online meetings, campus communications; and, document sharing. The upgrade will provide many improved features such as blogging and the ability to have update notifications sent to alternate products such as a cell phone.

Continue to check Blackboard and the website for information about these changes. As always, please contact the HelpDesk, 315-786-6511 if you have any questions.

JCC Board of Trustees

New Members

James P. Scordo, executive director of Credo Community Center for the Treatment of Addictions, and student Catherine A. Weston have joined the Jefferson Community College Board of Trustees.

Mr. Scordo was appointed by New York State Governor David Paterson to fill the remainder of the three-year term of the late Donald “Dutch” Grant. He has 28 years experience in the administrative and social work fields serving as admissions director, program director and executive director and overseeing three residential programs and one outpatient program at Credo. He played a key role in the merger between Credo Foundation and Community Center of Alcoholism of Jefferson County in 2000.

Mr. Scordo holds a master’s degree in social work from Adelphi University, Vermont, a bachelor’s degree in criminal justice from Rochester Institute of Technology and an associate’s degree in criminal justice from SUNY Canton (Canton ATC). Scordo holds certification as a licensed master social worker and a credentialed alcohol substance abuse counselor.

In April, Ms. Weston was elected by the JCC student body to serve as student trustee for the 2009-2010 academic year. Her term began in July 2009.

Ms. Weston graduated from Immaculate Heart Central School in 2008 and is a senior at Jefferson, majoring in Liberal Arts – Humanities and Social Sciences. After earning her associate’s degree from Jefferson, Ms. Weston plans to pursue a bachelor’s degree in the field of public relations. In addition to working at both the YMCA and Bolton’s Pharmacy while attending college, Ms. Weston is a member of the College choir, the Jefferson Singers, a credit-bearing humanities music course.
JCC Seeks Entries for North Country Writers Contest by Sept. 25

JCC’s annual North Country Writers Contest, open to all residents and friends of the upstate New York region, will be held in September! There is no entry fee. The deadline to enter is September 25, 2009.

The Writers Contest includes the following genres: Short Fiction, 1000 to 3000 words; Poetry, not to exceed 100 lines; and Essay/Non-Fiction, 1000 to 3000 words. All submissions should reflect a connection to the North Country. The award for each genre is $100 and online publication on the Jefferson Community College website. Entries which receive honorable mention will be awarded $25 and also published online.

Submissions must be previously unpublished work, in letter quality, and must be double-spaced. Author’s name, address, telephone number and email address must appear on attached cover sheet, but must not appear anywhere else in or on the manuscript.

Submissions are preferred electronically as a Microsoft Word attachment in rich text format (.rtf) emailed to ncvwriterscontest@sunyjefferson.edu. If unable to submit electronically, submissions should be addressed to: North Country Writers Contest, English Department, Jefferson Community College, 1220 Coffeen St., Watertown, NY 13601. Authors retain all rights to their work.

Award recipients are required to give a reading of their winning pieces at the North Country Writers Festival on Thursday, October 30, 2009, at 7:00 p.m. in the Walker Instructional Dining Room at Jefferson Community College.

The North Country Writers Contest is sponsored by the Jefferson Community College Faculty Student Association and JCC’s English Department.

For more information, contact the JCC English Department at 315-786-2328 or email jplrcc@sunyjefferson.edu.

Student Activities Center Announces Speakers for Campus Presentations

JCC Student Activities Center is proud to announce three presentations featuring nationally-known speakers that will take place on campus during the Fall semester. Students, faculty and community members are sure to enjoy the topics and speakers for these three special lecture events. All are free of charge and open to the public.

The lecture series will kick-off on September 24, 2009 at 7:00 p.m. in the Sturtz Theater with guest speaker Darrell Scott, founder of the Rachel’s Challenge Program.

Rachel Scott was the first person killed at Columbine High School on April 20, 1999. Her acts of kindness and compassion coupled with the contents of her six diaries have become the foundation for one of the most life-changing school programs in America.

Darrell Scott has spoken to over five million people in live settings around the world and has authored or co-authored five books. Darrell meets with politicians and educators regularly concerning issues of school violence.

Sponsored by the JCC Faculty Student Association and the Social Cultural Committee. On October 19, 2009 at 7:00 p.m. in the McVean Gymnasium, Alina Fernandez will share her personal story as the daughter of Fidel Castro and give an intimate account on what it was like growing up as one of Cuba’s elite.

As one of Fidel Castro’s children, Alina Fernandez had a strangely mixed upbringing; a combination of privilege and privation. In her own personal view, Alina will describe the surrounding political environment during the 1960’s and 1970’s, revealing exciting and suspenseful anecdotes, snapshots of Cuban society, her inside scoop on Cuban politics, and a detailed view of her father. Alina uses a unique sense of style and humor in her illuminating lecture.

Sponsored by the JCC Social Cultural Committee and Student Government.

The Great Debate comes to campus November 5, 2009 at 7:00 p.m. in the Sturtz Theater when High Times magazine editor, Steve Hager, takes on Drug Enforcement Administration veteran, Robert Stutman. Recommended by schools all over the country and referred to as “the best program we’ve ever had,” the Great Debate tackles the multitude of issues surrounding the legalization of marijuana. Steve Hager is a longtime editor of High Times magazine and Robert Stutman is a hard-hitting DEA veteran.

Sponsored by the JCC Social Cultural Committee and Student Government.

For more information on these upcoming presentations, call the JCC Student Activities Center at 315-786-2431.

Center for Community Studies Visiting Authors Series to Feature Book Release

The Center for Community Studies at JCC launched its new Visiting Authors Speaker Series during the spring semester with featured guest Gustav Niebuhr, associate professor of religion and the media at Syracuse University. Niebuhr, author of Beyond Tolerance: Searching for Interfaith Understanding in America, gave a public presentation on religious tolerance and also spoke to several classes throughout the day spent on campus.

In October, the Center will host author Wil Hayford who will officially release his new book, Sweet Thunder, a biography of professional boxer Ray Robinson. Hayford is a writer for the Washington Post.

The Center for Community Studies Visiting Authors Speaker Series is sponsored by the Watertown Daily Times.

For additional information, please contact the Center for Community Studies at 315-786-2488.
10th Annual Survey of the Community – Findings Released

The Center for Community Studies at Jefferson Community College released the findings of the 10th Annual Jefferson County Survey of the Community at its annual meeting held June 25th.

The survey is an inventory of the attitudes and opinions of a representative sample of Jefferson County residents. The primary goal of the survey is to collect data regarding quality of life issues of importance to local citizens.

Working under the supervision of the Center for Community Studies, research staff and statistics students at the College completed 382 (342 land line, 40 cell phone) telephone interviews on the evenings of March 30 - April 1, 2009.

Summaries of the survey results and CDs of the complete survey, including comparisons of results from the past nine years, and the survey instrument are available at the Center for Community Studies and on the JCC web site, http://www.sunyjefferson.edu/ccs/index.html.

"Typical" Respondents in Year 2009...

* ...have completed a high school education and perhaps some college studies. They have lived in a household with no children under the age of 18 and have an annual income between $25,000 and $75,000.

* ...hold mostly middle of the road political views and often identify their race as white (94%). They state their religious affiliation as either Protestant (42%) or Catholic (34%) and feel the overall quality of life is staying the same but that the overall state of the economy is getting worse in Jefferson County.

* ...overwhelmingly believe that Downtown Watertown is “getting better” (63%) and that the largest issue facing the nation is Jobs/Economy.

* ...have a personal cell phone and have made an online purchase in the past year. They believe that recent Fort Drum growth has had a positive impact on the local quality of life.

* ...have health insurance and have had a routine medical check-up within the past year. They support the growth of renewable energy in the North Country and prefer to support businesses using renewable energy sources. They would like more locally-owned restaurants in the area.

* They report the most satisfaction with: Downtown of Watertown, Internet Access and Shopping Opportunities

* They report the most dissatisfaction with: Cost of Energy, the Overall State of the Local Economy, Availability of Good Jobs, and Real Estate Taxes.

For more information please contact the Center for Community Studies at Jefferson Community College, 315-786-2488.

Black River Review

On April 29, JCC’s English department released Volume XIX of the Black River Review, a journal of poetry, prose and fine arts with a campus reading and presentation. Contributions are written by Jefferson students, alumni, faculty and staff.

The publication can be viewed online at www.sunyjefferson.edu (click on About Jefferson and then Publications) and free copies are available from the English department and library. The Black River Review is sponsored by the JCC English department and the JCC Faculty Student Association.

Photo Contest Winners Announced

JCC announced its 28th annual photography contest winners at a public reception and awards ceremony held outside The Gallery in March. This year’s photography contest, co-sponsored by Focal Point Custom Framing in Watertown, was themed “A World of Change”.

William W. Baker, of Dexter, received first place for his entry, “Heading for a Change.” Linda A. Baker, of Dexter, received second place for her entry, “Winds of Change.” Wallace J. Reardon, of Pulaski, received third place with his entry, “Bridge to Somewhere.” Bernard S. Lawlee, of Watertown, received honorable mention for his entry, “Kinetic Energy at Rest.”

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Student Nurses Attend National Convention

In April, the JCC Student Nurses Association (SNA) traveled to Nashville, Tennessee to attend the 57th Annual National Student Nurses’ Association (NSNA) Convention. The convention focused on promoting the nursing profession, offered a myriad of workshops and activities, career expo, internship information and much more. “The convention is valuable and motivating for students to continue in the nursing program,” says Josette Brodhead, Student Nurses Association club advisor and nursing instructor at JCC. “They get to network with students from other parts of the United States and establish a support system exchanging emails and phone numbers.”

This was the first year the JCC SNA attended the convention, and students had a full agenda attending four-to-six workshops daily. “From networking, to attending focus sessions on how to be a great nurse using laughter, humor, and good thinking skills, I had a wonderful time learning so many new things, and new variations on old things,” says Hannah E. Booth, JCC SNA member. “I am not just an auditory or visual learner, I need to get in there and do something fun to learn; the convention was awesome in doing just that!”

JCC Students Raise Nearly $8000 for Mark B. Davis Memorial Scholarship

JCC students held numerous fundraisers during the spring semester to benefit the Mark B. Davis Memorial Scholarship named in honor of fellow classmate and volunteer emergency responder with the Cape Vincent Volunteer Fire Department, who was slain on January 31, 2009. From sushi day to t-shirt sales; from a public theater performance to bake sales, students joined forces and raised nearly $8000 in just four months! The JCC Emergency Medical Services Club that initiated the project was joined by the Early Childhood Club, Dionysian Players, Philosophy Club and the Office Technologies Association Club in fundraising efforts.

The first Mark B. Davis Memorial Scholarship will be awarded Spring 2010. For more information, or if you would like to make a donation to the Mark B. Davis Memorial Scholarship, contact the JCC Foundation at 315-786-2291.

Holocaust Survivor Nesse Godin at Jefferson Community College

In March, students, faculty/staff and community members packed the Sturtz Theater to standing room only capacity to hear Holocaust survivor Nesse Godin speak of her experience, her survival and her liberation from the concentration camps. Her emotional message to the audience was clear: “Teach the world what hatred, indifference and prejudice can do. If we don’t learn from the past, we don’t have a future.”

JCC’s Fitness and Recreation (FAR) Outing Club is active throughout the year with activities such as hiking, rock climbing, skiing and rafting.

FAR Outing Club Rafts Black River

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Dionysian Players donate the proceeds from “You’re a Good Man Charlie Brown” to the Mark B. Davis Scholarship Fund.
A Note from Athletic Director Jeffrey L. Wiley...

Finishing my ninth year as Director of Athletics, I cannot remember a more successful year than 2008-09. Jefferson had seven of ten teams go to the post season with the women’s soccer team winning the National Junior College Athletic Association (NJCAA) Region III Division III championship, the men’s basketball team winning the Mid-State Athletic Conference (MSAC) Championship and the golf team winning its MSAC Championship. Along the way we had thirty student athletes named to the MSAC all conference team and fourteen named NJCAA All Region. Men’s basketball player Kadeem Nicholas (Mount Vernon) and women’s lacrosse players, Theresa Staab (Carthage Central School) and Maria Martusewicz (Watertown High School), were honored by the National Junior College Athletic Association as All-Americans.

While guiding the success of our teams and our student athletes, six coaches were recognized by the MSAC as coach of the year in their respective sports: Chris Pacilio for men’s soccer, Thinnerat (EO) Mathison for volleyball, Charlie Bridge III for men’s basketball, Mark Streiff for men’s lacrosse, Kelly Kunz for women’s lacrosse and James Ambrose for golf. In addition to the MSAC coach of the year honor, Kelly Kunz and Charlie Bridge III were also named NJCAA Region III coach of the year for their respective sports.

I am very proud of the accomplishments of the entire coaching staff as well as our student athletes who put hours of time into their respective programs to achieve the success they earned this past year.

Cannoneers Named NJCAA All-Americans

Maria A. Martusewicz, Redwood, and Theresa M. Staab, Carthage, both co-captains of the JCC women’s lacrosse team, along with men’s basketball player Kadeem C. Nicholas, Mount Vernon, were honored as National Junior College Athletic Association (NJCAA) Region III Division III All-Americans.

Martusewicz is a business administration major at Jefferson who played attack for the JCC women’s lacrosse team. She is also the recipient of the MSAC Player of the Year award. This season, Maria scored 51 goals and 47 assists for 98 points for the Lady Cannoneers.

As a freshman, Nicholas helped guide the Cannoneers to a 24-7 record, MSAC Conference Championship and the NJCAA Region II Final Four. Additionally, Kadeem was named MSAC Player of the Year. In May he signed a letter of intent to play basketball at Division II Dowling College on Long Island.

Staab, a May 2009 graduate, majored in liberal arts-humanities and social sciences at Jefferson and is the recipient of the Frontier League Scholarship bestowed to a Frontier League athlete who excelled both in the classroom and on the field. This season, Theresa scored 55 goals, 46 assists for 101 points for the Lady Cannoneers.
Jefferson to Induct Inaugural Class to the Cannoneer Athletic Hall of Fame

JCC will induct the inaugural class to the new Athletic Hall of Fame at a special ceremony on Friday, August 21, 2009 in the Jules Center Commons (Building 6) at 5:00 p.m.

The first class of inductees, comprised of four alumni and two retirees, are former athlete Marcia J. Laidlaw; former athlete Elizabeth “Bippie” Luckie; former score keeper Jerry B. Flanders; former athletic director D. Rene Valentine (awarded posthumously); former coach Robert F. Williams, Sr.; and former athlete Daniel P. Woodward.

The Jefferson Cannoneers have a 40+ year history that features many outstanding teams, seasons and athletes including All-Americans, several National Junior Collegiate Athletic Association championship teams and All-Region players. “I am really excited to launch the Athletic Hall of Fame,” says Jeffrey L. Wiley, director of athletics at JCC. “The Athletic Hall of Fame is a great way to honor past athletes, coaches, and contributors as the athletic department continues to grow.”

The first inductees to the Cannoneer Hall of Fame were selected by a committee comprised of Jefferson staff, coaches and community members from nominations received from throughout the community. Six athletic hall of fame candidates were chosen for the inaugural class, however no more than three individuals will be selected annually in future years.

To be eligible for induction, candidates must be nominated as a past Jefferson athlete, group or team who achieved outstanding success or had a major impact on Jefferson athletics. Non-alumni coaches, administrators and special friends of the College who contributed significantly to JCC’s athletic program are also eligible for consideration.

The induction ceremony is free and open to the public. Reservations are required as space is limited. For more information, please contact Andrea Bates at 315-786-2327.

Cannoneers Named to NJCAA All Region Teams

Nine student athletes from the winter and spring sports seasons at Jefferson were named to the National Junior College Athletic Association (NJCAA) Region III Division III Team. The NJCAA recognized:

**Men’s Basketball**
- Christopher F. Noel, New York City
- Kadeem C. Nicholas, Mount Vernon
- Dennis W. Oglesby, Queens

**Women’s Lacrosse**
- Theresa M. Staab, Carthage
- Maria A. Martusewicz, Redwood

**Men’s Lacrosse**
- Sean M. McAuliffe, Watertown

**Softball**
- Emily E. Patterson, Watertown

**Baseball**
- Andrew T. Hancsak, Lake Worth, Florida

**Golf**
- Richard J. Algie, Adams

Athletics
Welcome to Jefferson!
Gina Costanzo - Distance Learning Technical Specialist
Jude Crabb - Circulation Coordinator
Wesley Hissong - Director of Campus Safety and Security
Stacy Pratt - English Instructor
Michael Perry - Account Clerk
Spencer Nowak - Webmaster

Congratulations...
...for the following faculty promotions:

Instructor to assistant professor:
Peter Boenning, Social Science
Kathryn L. Brownell, Business

Assistant professor to associate professor:
Lucinda D. Barbour, Art
Genny E. Pond, Engineering Science
Mark C. Streiff, Physical Education
Todd C. Vincent, Biology

Associate professor to professor:
Frank P. Florence, Geology
Monica G. LeClerc, Biology

...to Mariya Clemons who was appointed Assistant Counselor/Veterans Benefits

Farewell to JCC Retirees
Best wishes to those who were honored at May’s Retirement & Recognition Ceremony:
Christina B. Boyanski, laboratory technician
Debra R. Marsala, professor of nursing
Sharon M. Lasker, typist in Registrar’s Office

A Reflection on JCC Faculty
Like their counterparts at 4-year institutions, Jefferson’s highly credentialed faculty de-velop courses, provide instruction, conduct research, are published and coach, but most importantly - they are here because they have a passion for teaching and the students they serve.

Although she ultimately earned her bachelor’s degree in journalism from the University of Florida, Watertown Daily Times “Currents” editor, Judy Goodfriend Jacobs began her college education at JCC, more than 30 years ago. Judy shares fond memories of her JCC days in 1976, espe-cially her favorite faculty – many of whom she can recall by name-including Richard Young, currently in his 39th year teaching at Jefferson. “They knew their stuff and I could tell they loved what they were doing, sharing their knowledge while growing the intellect of their students,” says Jacobs. “The importance of encouragement can never be underestimated. At Jefferson, the instructors care about their students.”

JCC Faculty/Staff Honored by SUNY Chancellor
The Chancellor’s Award is one of the most prestigious honors that can be conferred upon professionals employed at the 64 insti-tutions of the State University of New York.

Courtney A. Bauer
Secretary to the Business Division
Excellence in Classified Service

Courtney joined Jefferson in 1988 after graduating from JCC with an associate of applied science degree in office technolo-gies - administrative assistant. With her con-sistently positive demeanor and compas-sion for students, she is a valued member of the campus community.

Courtney is an adjunct instructor in the office technologies department, a member of the faculty-staff choir, and a member of several campus committees. Additionally, Courtney is a respected leader and member of the Educational Support Professionals union and has served as president, vice president and negotiating team member.

In the community, Courtney dedicates her time to organizations that support health-care and higher education.

Mary M. Kinne
Assistant Director of Student Activities
Excellence in Professional Service

Mary joined Jefferson in 1983 and in 1991 was appointed to her current position with student activities. She holds two degrees from JCC - an associate of arts degree in liberal arts and an associate of science degree in business administration.

Mary has been instrumental in the Col-lege’s ability to deliver high quality student programming to its 3500-member student body. She is a successful leader and mentor to JCC student event managers with whom she works to plan campus activities. Mary provides Phi Theta Kappa (PTK) orientation, student government training, and Judicial Board of Review training. She has been advisor to the PTK honor society since 1994, a member of the All USA Academic Team Selection Committee, and advisor to several clubs.

DeEtte M. Marshall
Assistant Professor of Languages
Excellence in Teaching

DeEtte joined Jefferson in 2001 and is well respected by her students and regarded as an innovative leader among her peers. She holds bachelor of arts degrees in both Ger-man and music from St. Lawrence University and a master of arts degree in education from the University of California at Santa Barbara.

DeEtte has traveled extensively throughout Europe, Africa, South America and North America. Thus, she teaches with great pas-sion and enhances the students’ compre-hension by relating her travel experiences and using interactive technology and culturally authentic materials to augment learning and retention. DeEtte also teaches online and developed the online versions of two Spanish courses. She teaches college level courses at local high schools through Jeff-erson EDGE and serves as a mentor to foreign language teachers across three counties.

Ronald R. Palmer, Ph.D.
Professor of History
Excellence in Faculty Service

Ron joined the full-time faculty at Jefferson in 1991 and is regarded among colleagues and students as an effective teacher and advisor. He holds a bachelor of arts in global studies from SUNY Brockport and earned both a master of arts degree and his doctorate in international studies from the University of South Carolina.

In addition to advising liberal arts and criminal justice students, Ron has served as Honors Program coordinator and also founded the European Excursion Club in 1991. Under his leadership, more than 300 students have experienced international travel and different cultures. Students have twice voted him recipient of the Phi Theta Kappa Outstanding Full-Time Faculty Award.

Among his colleagues, Ron is a leader in campus governance and decision making. He has served as social sciences dept. chair and as president of the College Senate where his leadership fostered open discus-sion of campus issues and respect for all perspectives.

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Greetings from the Executive Director:

I am greatly honored and wholeheartedly enthusiastic about joining the Foundation here at Jefferson Community College. I am so proud to follow the fine and sincere leadership of my predecessors, Deborha O’Connor and Rande Richardson. They, together with ardent supporters, made up of alumni, community and dedicated Board members have created our Foundation and nurtured its growth, making the dream of higher education attainable.

Each and every day I am reminded of what a difference Jefferson makes in all of our lives, and the wonderful ways that this community has embraced and cherished it. The promise of the better life that education provides and the ability to attain it is embedded in our mission. Many years ago, in 1965 our College was graduating its first class. As we near our fiftieth year, how far we have come to today. Poised to greet the requirements of the future we are swiftly able to react to the needs of our community, whether set in the atmosphere of today’s challenged economic environment, or in the future when our world will require new technology and a workforce to develop, manage and maintain it. Jefferson teaches our students to be resilient, have faith in their abilities and skills and engage themselves in bright futures.

Many times I have heard the stories of how Jefferson has played an integral role in the lives of our community members; by being the springboard for brilliant rewarding careers and the chance to start over again with a fresh slate. Jefferson has been the fulfillment of a dream of a degree perhaps delayed by family or life circumstances that became a reality because of its many class options and dedicated faculty and staff.

All of these stories have been made possible because of one thing; the steadfast and passionate commitment our supporters have to keeping Jefferson at the heart and the helm of our community. I look forward to meeting as many of you this coming year to thank you personally. Perhaps you will consider attending our upcoming and not to be missed Syracuse Brass Concert on October 17 featuring the Thousand Islands Select Choir, or one of the hottest and most exciting pre-holiday events with a salsa flair this November 14, the Mayor’s Ball.

Through thick and thin, the collective support of our community members, our alumni, parents and families have fulfilled the dream of higher education. They have encouraged academic promise, and they have made our community a wonderful place to live. You have made this happen, and we are so grateful. Thank you.

Looking forward to a wonderful future together, with kindest regards and a grateful heart,

Lucia M. Bliss
Executive Director

Foundation Board of Directors
Harold B. Johnson II, President
Joseph J. LaClair, Vice President
Erin M. Brick, Secretary
Thomas E. Bowie, Treasurer
Donald C. Alexander
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George E. Mead, III
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Gregory J. Powlin
Theresa L. Quintin
David J. Schissler
Joseph L. Thevier
Barbara N. Webber
Richard F. Young

Syracuse University Brass Ensemble Returns to Jefferson October 17th

Mark your calendar for the Syracuse University Brass Ensemble concert at Jefferson Community College on Saturday, October 17 at 7:00 p.m. in the Robert R. and Jean S. Sturtz Theater. Joining the ensemble will be the Thousand Islands High School Select Choir. All concert proceeds go directly to support scholarship opportunities for students attending Jefferson Community College, including the Jefferson-Can Scholars Program. For more information, contact the Foundation at 315-786-2458.

26th Annual Mayor’s Ball on November 14 - Hot Night in the City

The 26th Annual Mayor’s Ball is planned for November 14, 2009 at Jefferson Community College. Tickets go on sale in September. This year’s co-host organization is the Jefferson Rehabilitation Center.

The Foundation is grateful to M & T Bank; New York Air Brake; Northern Federal Credit Union; Gray’s Flower Shop; Haylor Freyer & Coon; Fuccillo Automotive Group; Allen’s Liquor and Wine; Aubertine & Currier Architects; Engineers & Land Surveyors; Bernier, Carr & Associates; HSBC Bank; and WWNY TV-7 / WNYF FOX 28 for their underwriting support.

Stay tuned for additional information as the event nears.
What is the JCC Alumni Association?
The mission of the Alumni Association is to foster support for Jefferson Community College and its educational mission by building supportive relationships with students and alumni through communication and alumni programming.

The Alumni Association is governed by the JCC Alumni Association Board of Directors and operates under the auspices of the Jefferson Community College Educational Foundation, Inc.

Why join the Jefferson Community College Alumni Association?
• Stay connected to your alma mater!
• Enhance your business networking opportunities.
• Join in social activities to make or renew friendships with other alumni.
• Support service projects that benefit the students and activities of the College.
• Become an advocate, engaging alumni and students in areas of critical interest to the welfare of the College and our region.

What are the services and benefits for members?
• Discounts at area businesses through our Alumni Benefits Program
• Alumni-only events and activities
• Up-to-date information on performances, lectures, events and activities at Jefferson
• Receive The Insider, the magazine for students, alumni, friends, and donors of Jefferson, and coming soon - our Alumni e-newsletter!
• A 10% discount at the Jefferson Bookstore (excluding textbooks)
• And more!

Joining the Jefferson Community College Alumni Association is easy - and it's only $20.00 a year. Your dues support the Jefferson Community College Alumni Association scholarship, which grants $5,000 a year to deserving students.

Alumni Association Board of Directors:
Cindy Shelmidine '73  Mary Lu Moriarty '81
Jane Gendron '73  Warren G. Fargo '01
Michelle Capone '96  Pamela Dixon '00
Michele Jeicau '91  Joel LaLone '81
Luann LaLone '86  Scott Pooler '88
Kelly Reinhardt '93  Dave Shampine '68
Stephen Williamson '69

New Cannoneer Hall of Fame to Honor Four Alumni
Congratulations to four alumni and two Jefferson retirees who will be the first inducted into Jefferson Community College's new Athletic Hall of Fame at a reception on August 21. The honorees are:

Jerry B. Flanders, Class of 1966
Marcia J. Laidlow, Class of 1969
Elizabeth "Bippie" Luckie, Class of 1982
Daniel P. Woodward, Class of 1977
D. Rene Valentine, Dean Emeritus
Robert F. Williams, Sr., Professor Emeritus

The event is free and open to the public. Reservations are required as space is limited. Please see page 17 for complete details about this event and honorees or contact Andrea Bates at 315-786-2327.

Alumni Baseball Game on August 15
The 6th Annual Jefferson Alumni Baseball Game will be held at 4:00 p.m. on Saturday, August 15 at the Watertown Fairgrounds. This year's game will feature a special tribute to former head baseball coach Paul Alteri who stood at the helm of the Cannoneers for 10 seasons. For more information, contact coach John Northrop, at 315-786-2497 or jnorthrop@sunyjefferson.edu.

Mr. & Mrs. T. Urling Walker Honored
An honorary event was held at the Dulles State Office Building May 7, 2009, to recognize Mr. and Mrs. T. Urling Walker's contributions to higher education in the North Country. A rendering of a Gingko Tree, drawn by Jeff Perrine '08, was presented to Mr. and Mrs. Walker from Jefferson Community College and Empire State College. Pictured left to right: Jeff Perrine, Mrs. Mabel Walker, and Mr. T. Urling Walker.
Q & A with Beverly Bates '87
Pastry Chef at Ici Urban Bistro, Washington, DC.

Q: Tell us about your experience at JCC?
A: The thing I remember most about JCC is how friendly the faculty and administration were. Everyone really went above and beyond for the students, even when we screwed up. It was all seen as part of the learning process. I never felt out of place at JCC because there were a lot of adults with kids as well as career changers and members of the armed forces taking classes. I even brought my 2 year old daughter when I had to do paperwork or visit the library. Twenty years later she took a summer class at JCC to prepare her for entrance to Syracuse University for her Master's program. I would call that a college that serves its community.

Q: How was it coming back to college after having a child and being out of school for a couple years?
A: As a nontraditional student, the evening courses and placement services were priceless. And of course let's not forget the terrific financial aid office; they really helped me navigate loans, grants, and how to keep it all going. I was the most ignorant of how to make my loans and grants work for me and their advice is right on the money (no pun intended!).

Q: How did being at Jefferson in the Hospitality and Tourism program prepare you for the Culinary Institute of America (CIA)?
A: I took the first culinary course as a part of a Job Corps program to do work training and it was love at first sauté. I took every cooking and baking class offered. The Chef instructor was Floyd Misek who also did a small TV spot on Channel 7. He was a graduate of the CIA and although I had to wait 15 years till my daughter had grown up, I knew then, in 1987, that I wanted to go to the CIA to finish my culinary education. I graduated CIA with high honors and this put me on my way to London UK. I know this path began at Jefferson by gaining the self-confidence and knowledge to be fearless in my career.

Q: Do you have a favorite experience from being at Jefferson?
A: My favorite experience outside of the kitchen was as a member of the Dionysians theater club. I can't remember the play but I got a lead and have been a huge fan of the theater ever since, including Broadway and the West End.

Q: Can you take us through the timeline of your career?
A: After graduation I worked in the Watertown area at some local restaurants for a few years including The Black River Valley Club and The Wild Goose in Clayton. I then moved to Buffalo and worked in another restaurant before getting a job in a small bakery and decided to stay in the pastry kitchen for good. Fifteen years later, after my daughter was in high school (at Copenhagen Central), I was accepted to the Culinary Institute of America. While there I met some students returning from their internships in London. Two had worked at one of Gordon Ramsey's (of "Hell's Kitchen) restaurants at the Connaught Hotel. I decided to go to gain international experience and work with chefs from other countries. After returning to the USA I wanted to concentrate in French pastry and stay on the east coast, this brought me to Baltimore and DC because of the concentration of French chefs and restaurants.

Q: Do you have any advice for other students in the Hospitality and Tourism program?
A: I would advise any students in the Hospitality program to go get as much experience as you can. You don't have to leave the state, but don't think you know as much as you think you do. Knowledge of your field can only make you better at it. After over 20 years I am still learning new techniques and methods every day. What makes this field so challenging is also what makes it so rewarding. Oh, and you don't need to be a jerk about it. You get a lot farther treating people with respect.

Q: Tell us a bit about your experience with Gordon Ramsey?
A: Working for Gordon Ramsey was one of the most challenging things I have ever done. We worked 14-16 hour days on salary and would work 10 to 12 days in a row, then 2 or 3 days off. The schedule was grueling but the discipline it taught me has been invaluable. The level of cooking was amazing and I worked with foods from all over England, Europe and North Africa. I learned as much in the short time at the Connaught than in the 5 years after that. Chef (Gordon) Ramsey is very intense and driven. If it isn't perfect you will have to do it again (and you won’t be asked nicely), so make it perfect the first time. He keeps his restaurants going with a brigade of very talented chefs he has personally trained and they are all just as intense as Chef Ramsey. I remember his kitchen being the cleanest kitchen I have ever seen.

Dave Shampine '68
Staff Writer, Watertown Daily Times

Dave Shampine has been a staff writer at the Watertown Daily Times since the early 1970s and has written countless articles. In 1998, he debuted a new feature titled “Times Gone By”. The focus of “Times Gone By” was local history. The first column was an interview with John Deans, president of Jefferson Community College at the time and also Dave’s history professor while he attended JCC. Dr. Deans was the one who inspired Dave’s interest in local history. The column has produced 115 stories thus far.

In Fall of 2009, a book entitled Remembering New York’s North Country: Tales of Times Gone By will be published with 17 of the best of Dave’s columns. For more information on Dave’s book, please contact the Jefferson Community College Alumni Office.
Alumni Benefits Program Welcomes New Participants

The Jefferson Community College Alumni Association is pleased to announce that we have welcomed several new participants to our Alumni Benefits Program. Information on how to access these new benefits will be sent out to all current members along with an updated membership card soon and all new members will be able to access their benefits immediately upon receipt of welcome packet.

Allen’s Liquor & Wine - $2 off a purchase of $20 or more, before sales tax
Bradley’s Military Surplus - 15% discount on products and services
Focal Point Custom Framing - 15% discount on a complete custom framing order
JCC Continuing Education - $5 off the price of a non-credit workshop
Lyric Coffee House - $1 off any size specialty beverage
Marcy Spa & Salon - 10% discount on retail products
Nelson’s Dry Cleaning & Formal Wear - 10% discount on dry cleaning services
NYS Zoo at Thompson Park - One free child admission with purchase of one adult admission
If you would like to suggest a participant for our Alumni Benefits Program, contact us at alumni@sunyjefferson.edu. We look forward to hearing from you!

New Online Career Placement Service Available for Alumni

The JCC Advising, Career and Counseling Center is going green with a new online feature for alumni, current students, and employers, called CANNONlink. CANNONlink will allow Jefferson alumni to search and apply for jobs online as well as upload a resume that employers will now have the ability to review online. Alumni can now match their resume and job preferences with greater access to a more diversified and greater number of employers and job openings.

For more information about CANNONlink, please see page 23. To find out how the JCC Advising, Career and Counseling Center can assist you, call 315-786-6547 or 315-786-2271.

Michael J. Graham P.E., Named the 2009 Engineer of the Year

Michael J. Graham P.E., Watertown was named the 2009 New York State Association of Transportation Engineers’ Statewide Engineer of the Year at the 69th Annual Conference held in Ellicottville on June 4, 2009. Mr. Graham, representing Section 7 - Jefferson, Lewis, Franklin, Clinton and St. Lawrence counties, competed against ten other Engineer of the Year candidates for the award. NYSATE, is comprised of transportation professionals from throughout the state of New York Department of Transportation. The annual selection of Statewide Engineer of the Year is based on several factors including participation in the association, involvement in the engineering profession and in their community.

Mr. Graham is a 1969 graduate of Immaculate Heart Central High School, and a 1971 graduate of Jefferson Community College and a 1973 graduate of Clarkson College of Technology. He joined the Region 7 Department of Transportation after working for eleven years in the private engineering sector. As a 25-year employee of the Department of Transportation and member of NYSATE, he currently works in the Traffic Safety and Mobility office. He has been a past member of the New York State Society of Professional Engineers and served as Secretary/Treasurer of the Jefferson County Chapter for many years.

He is an active and lifelong member of Saint Patrick’s Roman Catholic Church. He is a member of the Glenwood Cemetery Committee and serves the Church and the Immaculate Heart Central School System as a volunteer in many capacities. Mike and his wife Gail reside in Watertown.

Warren G. Fargo ’01, ‘03 Awarded Jefferson Citation from JCC Board of Trustees

The Jefferson Community College Board of Trustees and College president Carole A. McCoy named Jefferson alum Warren G. Fargo as recipient of the eighth Jefferson Citation.

Mr. Fargo enrolled at JCC in 1999 after several decades of operating the family dairy farm on which he was raised. He graduated from Jefferson in 2001 with an associate of applied science degree in accounting and in 2003 he completed an associate of applied science degree in business administration. Warren is presently a staff accountant with Frederick Quencer, CPA, in Brownville.

He currently serves as treasurer of the JCC Alumni Association Board of Directors and has been a generous supporter of both the Alumni Association and the JCC Foundation. In an effort to ensure that others have the opportunity to turn their dreams into reality, Warren established the JCC Business Division Scholarship in 2004 to assist deserving students matriculated in a business degree program.

“Not only does Warren Fargo embody the character and drive of the non-traditional community college student, he has made a deliberate and positive impact by helping others to achieve their dreams of earning a college degree,” said Jody R.A. LaLone, chair of the Jefferson Community College Board of Trustees.

Skills Training with JCC’s Work NOW Certificate

Jefferson Community College (JCC), in collaboration with The WorkPlace at JCC, is pleased to offer a new Work NOW certificate program designed to provide training in technology, interpersonal and professional workplace skills to prepare individuals to successfully enter or re-enter today’s workforce. Training is provided through non-credit workshops and seminars offered through JCC’s Continuing Education Division. In developing the Work NOW certificate, JCC and The WorkPlace consulted with local businesses to determine what skills employees need to be successful in the workforce.

“The Work NOW certificate program is a comprehensive way for individuals of any background (recently laid off, new college graduate, career changer, etc.) to refine their skills for today’s workplace,” says Jill M. Bettinger, Dean for Continuing Education at JCC. “Today’s employee wants to learn hands-on skills that give them a leg up against the rest of the labor pool; this certificate is the answer. It offers quality, hands-on instruction that’s fast, flexible and individualized.”

Participants may take as few as five non-credit workshops to create their own customized certificate. Every month, the Continuing Education Division offers non-credit workshops that span topics relevant to employment in any industry including computer programs, communication skills, time management, basic math and English skills, stress management, telephone etiquette, customer service and more. Additionally, all participants of the Work NOW certificate program will review topics on cover letter and resume writing, interview skills and job searching online.

“This program will give individuals in the community the opportunity to improve their skill sets in order to make them more competitive in the job market,” says Cheryl Mayforth, director of the Jefferson-Lewis Workforce Investment Board.

The first step in pursuing the Work NOW certificate is completing a free WorkPlace assessment and advising session. Once the assessment process is complete, participants can register for the mandatory Work NOW Essentials workshop, offered numerous times beginning in September, and then mix and match other non-credit workshops to fit their needs.

Workshop fees vary from workshop to workshop, however the Work NOW certificate is approved as “high demand job” preparation and tuition funding is available for eligible candidates. A WorkPlace advisor will determine funding eligibility. To schedule an assessment and advising session or to inquire about tuition assistance eligibility, call The WorkPlace at JCC, 315-782-9252.

Workshops eligible for the Work NOW certificate can be found beginning on page 25.

Training for “In-Demand Occupations” at JCC; Federal Funding Available

Receive up to $8000 in federal stimulus dollars for training and education in an in-demand occupation! Training funds can be used to offset the cost of tuition, textbooks and transportation.

To be eligible for funding, training must be in an in-demand occupation, should lead to full-time employment and must be completed within two years or less.

Jefferson degree programs, classes and workshops possibly eligible for funding include:

DEGREE PROGRAMS
Accounting Certificate
Accounting, AAS
Business Administration, AAS
Computer Information Technology, AAS
Criminal Justice Certificate
Criminal Justice, AS
Early Childhood, AAS
Hospitality & Tourism, Certificate
Hospitality & Tourism, AAS
Human Services, AS
Nursing, AAS
Office Studies Certificate
Office Technologies, AAS
Paralegal, AAS
Teacher Assistant Certificate

NON-CREDIT WORKSHOPS/CERTIFICATES
Work NOW Certificate
Professional Growth workshops at JCC*.
Gatlin online workshops offered by JCC*, www.gatlineducation.com/SUNYjefferson/Ed-2-Go online workshops offered by JCC*.
Visit: www.ed2go.com/sunyjefferson/* Please contact The Workplace for specific workshop eligibility.

INDIVIDUAL CLASSES
Many classes offered throughout the fall semester will meet eligibility guidelines.
Fall credit classes begin August 31. Non-credit seminars enroll every week.
Find out if you qualify and learn more! Contact the Office of Financial Services & Student Records at Jefferson Community College, 315-786-2355, to complete financial aid applications. To find out if you qualify for federal funding, please contact The Workplace at JCC, 315-782-9252.

Funding is available through the Workforce Investment Act and American Recovery and Reinvestment Act and is administered through The Workplace, 1222 Coffeen Street, Watertown, NY 13601, 315-782-9252.
The Continuing Education Division at JCC is pleased to offer a variety of new workshops and a new non-credit certificate program this fall! Long standing workshops such as Ballroom Dancing and JCC’s Orchestra and Wind Ensemble are returning; however, we’ve added Search Engine Optimization (SEO) to our technology series, and we’ve added TheCourse™ to our professional growth series of workshops. The SEO workshop will focus on ways to fine tune an Internet website to give it a better chance at being listed favorably on search sites. TheCourse™ is an online offering that teaches core competencies of project management.

The Home & Energy Series is returning this fall with added value for those who are looking to earn continuing education credits. Residential Site Design for Energy Efficiency is a one day 4-hour workshop that will assist homeowners, developers, design professionals, landscapers and others who have an interest in pursuing sustainable, environmentally friendly, and energy efficient site design technologies for their homes and residential properties. Architects and landscape architects can apply these classroom hours toward continuing education credit through AIA and ASLA.

The Professional Growth Series has a number of new workshops that focus on customer service and communication skills. These workshops are built with both the employer and the employee in mind. Are you interested in owning your own business? Legal Issues for Small Businesses is a new offering that will help you navigate zoning approval, licensing and permits and tax implications, among many other topics.

We continue to offer workshops that fulfill requirements for the Entrepreneurship/Small Business certificate (E/SB) and are pleased to add an additional program - the Work NOW certificate (see page 23) for those looking to improve their marketability in today’s workforce.

Descriptions of all non-credit workshops offered from September through December are listed on the following pages. Workshops that apply to the Entrepreneurship/Small Business and Work NOW certificates are marked as such. Please remember, workshops with insufficient enrollment will be canceled five business days prior to the start of the workshop, so register early!

To learn more about non-credit workshops and certificates offered at Jefferson go to www.sunyjefferson.edu and click on Community/Business.
Creating a Business Plan* (E/SB Core)
For small business owners and those seeking new ventures. Research, develop, and write detailed business plans, which can be used to create successful businesses. This is a 15-week commitment. Required software for the workshop is Business Plan Pro by Palo Alto Software http://www.paloalto.com/business_plan_software/index_b.cfm. This workshop can be taken independently or applied towards the SBDC Entrepreneurship and Small Business certificate. (CED 558 701)
Instructor: Brian Murray / Cost: $208
Mon., Aug. 31-Dec. 7 / 4:00 p.m. to 5:20 p.m.

Legal Issues for Small Business*
This course provides the participant with legal issues that an entrepreneur will experience in starting or in operating a small business. Some of the legal issues that will be studied in this course are: choosing a business organization, zoning approval, licensing and permits, tax implications, small business contracts, and small business buyouts. The participant will also study the legal requirements of small-claims court action. Workshop participants may attend as few as four sessions.
Instructor: Larry Coveill / Cost: $208
Tues. & Thurs., Aug. 31-Dec. 7 / 9:30 a.m. to 10:50 a.m.

SHRM Pre-Certification Course
This course prepares you for the Human Resources Certification Institute’s National Exam for the Professional in Human Resources (PHR) or Senior Professional in Resources (SPHR) certification. This course is also appropriate for human resource staff looking for career advancement, human resource employees with limited work experience, employee benefits personnel, employee relations managers, training directors, and managers seeking skills enhancement. The cost includes the cost of the SHRM Learning Systems modules/workbook and mastery tests. It does NOT include the PHR or SPHR certification. Registration is limited. (CED 667 701)
Instructor: Mary Lu Moriarty, SPHR / Cost: $900 /
Tues., Sept. 1-Nov. 24 / 5:30 p.m. to 8:30 p.m.

Work NOW Essentials** (WorkNOW Core)
Taking this workshop is the first step toward earning a Work NOW certificate. In this 12-hour class you will learn how to write a cover letter, resume and outperform your competition in a job interview. This workshop, approved as High Demand Job Preparation, may qualify for funding through federal stimulus dollars. For more information, talk to a Workplace advisor at 782-9252. Prerequsite: Participants must complete a free Workplace assessment prior to beginning the Work NOW certificate program. (CED 187 701, 702, 703, 704)
Cost: $120 / 4 p.m. to 7 p.m.

Tues. & Thurs., Sept. 15-24 or Oct. 13-22 or Nov. 10-19 or Dec. 8-17

Successful Arts & Crafts Marketing*
Are you ready to turn your hobby into a money maker or do you want to find new markets for your existing business? Tom Roberts (www.fivecedars.com) has 30 years of experience in making and selling arts and crafts. Look at the financial side of owning your own business and focus on how to market your arts or crafts to the public. Topics include, but are not limited to, market types, finding a market, show etiquette, display methods, contracts, and advertising. (CED 578 701)
Instructor: Tom Roberts / Cost: $35
Tues., Sept. 15 / 1:00 p.m. to 4:00 p.m.

Communication in the Workplace**
This workshop is for employees and managers at all levels. If you want to increase performance, productivity, effectiveness and moral in the workplace, communication is key. Analyze how men and women misunderstand and misinterpret each other in the workplace and learn how to reduce unnecessary conflict and frustration. Leave with tools that help promote teamwork and enhance working relationships. The goal of the workshop is to provide a greater awareness of the different characteristics each worker possesses and how to capitalize on those differences to build a cohesive, user-friendly workplace. Of most importance, workshop participants will learn how to use communication techniques to help build trust and respect in the workplace. (CED 582 701)
Instructor: Mary Curcio / Cost: $50
Mon., Sept. 21 / 5:30 p.m. to 7:30 p.m.

Civility in the Workplace*
Civility in the workplace is like “The Emperor’s Clothes”. Civility fosters a workplace (office) of openness and inclusion creating a better atmosphere where employees enjoy working and are more productive as a result of their surroundings. A civil workplace promotes good customer relations since the quality of service is improved with happy employees. A civil culture promotes employee loyalty and trust. With the growing threat of the economy, there are things you can do to help improve the economics of your business. Civility in the workplace will increase creativity, decrease absenteeism, decrease wasted time, and increase productivity. (CED 177 701)
Instructor: Mary Curcio / Cost: $50
Mon., Sept. 28 / 5:30 p.m. to 7:30 p.m.

Me and My Aging Parent – The Financial Future*
One of the most difficult situations an individual can face is dealing with the incapacity, disability and long-term care of a parent. Along with the emotional aspects of dealing with these situations, there are a myriad of financial considerations. The goal of this workshop is to provide an overview of these considerations and the role that financial planning plays in addressing them. Topics include managing assets during incapacity, personal and medical care decisions, making, options for long-term care and paying for long-term care. Sources of funding for long-term care will be discussed. (CED 556 701)
Instructor: William Pedrick, CLTC / Cost: $55 / Mon. & Wed., Sept. 28 & 30 / 6:00 p.m. to 9:00 p.m.

Certified Personal Trainer Prep Course**
This course will prepare you to take the examination for a nationally recognized Certified Personal Trainer (CPT) Certification provided through the National Council on Strength and Fitness (NCSF) Board for Certification. Learn how to properly screen and evaluate clients for safe participation in an exercise program; design and implement exercise prescriptions for multiple populations for successful goal attainment; proficiently supervise clients; and be prepared to sit for a NCSF- CPT Exam. The registration fee includes the textbook, study guide, reference guide, CD-ROM and DVD, cost of the exam, certificate of completion and a 1-year membership to NCSF. (CED 136 701)
Instructor: Steve Rowell / Cost: $700
Tues. & Thurs., Oct. 13-Oct. 29 / 6:00 p.m. to 9:00 p.m.

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Instructor: Steve Rowell / Cost: $700
Tues. & Thurs., Oct. 13-Oct. 29 / 6:00 p.m. to 9:00 p.m.

Certified Personal Trainer Prep Course**
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Instructor: Steve Rowell / Cost: $700
Tues. & Thurs., Oct. 13-Oct. 29 / 6:00 p.m. to 9:00 p.m.
Customer Service through Empowerment **
Learn basic principles that have a consistent track record of success which will enable participants to have personal buy-in and commitment to their own ability to give effective customer service. This course empowers participants to view the customer service relationship from both sides of the equation and stresses key elements that work. (CED 178 701)
Instructor: Dave Johnson / Cost: $35
Mon., Oct. 5 / 1:00 p.m. to 4:00 p.m.

Marketing Your Business Online***
Learn how to market your business online using tried and true marketing methods. Participants can relate and discuss use of these ideas for their own web site. Establish a store on eBay, register sales, track trends. The SBDC will discuss the need for business planning and marketing techniques. Linda Morrison, a certified eBay instructor, will address eBay specific information. Participants will learn the tools needed to sell products over the web. (CED $45 701)
Instructor: Linda Morrison / Cost: $65
Wed., Oct. 14/28 / 6:00 p.m. to 9:00 p.m.

Character & Integrity in The Workplace**
Research shows that “we expect people to behave in a certain way when they come to work” but unless the expectations are written in a code of ethics, the behavior of adults and the expectations of adults are incongruous. With economics as they are and stress as it is, character and integrity are needed. Research documents that ethical behavior improves the working culture, especially when a code of ethics is clearly documented for all employees. Integrity at work builds trusts, a code of ethics is clearly documented for all employees, a well-balanced workplace environment is suggested. (CED 176 701)
Instructor: Mary Curcio / Cost: $50
Mon., Oct. 19 / 5:30 p.m. to 7:30 p.m.

Interview Skills**
Brush up on your interviewing skills before being put to the test. Participants will learn the basics of interviewing for a job in this 3-hour workshop. (CED 145 701)
Instructor: Gabrielle Hernandezon / Cost: $30
Thurs., Oct. 22 / 5:00 p.m. to 8:00 p.m.

Conflict Management & Team Building
Participants will learn the key to maintaining a well-balanced workplace environment by understanding behaviors in conflict and learning problem-solving skills needed to manage adversity in any team-based situation. Overcome the causes of team conflict, coordinate team efforts to reach a common goal, resolve team problems and learn to work together as one. Use these skills in school or work. (CED 147 701)
Instructor: Todd Bettinger / Cost: $50
Tues., Nov. 10 & 17 / 2:00 p.m. to 5:00 p.m.

Marketing Your Business Online**
According to the presenter, if each person is cognizant of their emotional intelligence, they will become passionate as they learn about the assets they have to offer their workplace. Come and see how being cognizant of your own emotional intelligence will help you transform your business. See how respect, honor, caring and “smart hearts” will accomplish much more than ever. (CED 174 701)
Instructor: Mary Curcio / Cost: $50
Mon., Oct. 26 / 5:30 p.m. to 7:30 p.m.

Performance Evaluation Basics
The performance review is intended to be a fair and balanced assessment of an employee’s contribution to the organization. Learn how to navigate the yearly process and learn from constructive criticisms. (CED 560 701)
Instructor: Jill Bettinger / Cost: $25
Mon., Dec. 7 / 9:00 a.m. to 11:00 a.m.

Performance Evaluation Basics
The performance review is intended to be a fair and balanced assessment of an employee’s contribution to the organization. Learn how to navigate the yearly process and learn from constructive criticisms. (CED 560 701)
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Mon., Dec. 7 / 9:00 a.m. to 11:00 a.m.

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Mon., Dec. 7 / 9:00 a.m. to 11:00 a.m.

Technology Series
Intro to Access**
Learn what an Access database is and how it works. Start with a step-by-step approach to creating a table, learn how to modify it, use queries to get the information you need and how to create forms and reports for use in projects, papers, and at work. (CED 029 701)
Instructor: Kathy Doe / Cost: $100
Wed., Sept. 9–30 / 6:30 p.m. to 9:30 p.m.

Computer Basics Saturdays**
This workshop is designed for those without any computer experience. Learn the fundamentals of computer operation, the Internet, e-mail, basic letter creation and word processing, myths and reality about security, and choosing a computer. A bagged lunch is suggested. (CED 031 702)
Instructor: Gregory McBroome / Cost: $90
Sat., Oct. 3–17 / 1:00 p.m. to 4:30 p.m.

* E/SB  ** Work NOW  *** E/SB and Work NOW

Strengthening your business through your employees' contributions to the organization. Learn how to navigate the yearly process and learn from constructive criticisms. (CED 560 701)
Instructor: Jill Bettinger / Cost: $25
Mon., Dec. 7 / 9:00 a.m. to 11:00 a.m.

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Wed., Sept. 9–30 / 6:30 p.m. to 9:30 p.m.

Computer Basics Saturdays**
This workshop is designed for those without any computer experience. Learn the fundamentals of computer operation, the Internet, e-mail, basic letter creation and word processing, myths and reality about security, and choosing a computer. A bagged lunch is suggested. (CED 031 702)
Instructor: Gregory McBroome / Cost: $90
Sat., Oct. 3–17 / 1:00 p.m. to 4:30 p.m.

* E/SB  ** Work NOW  *** E/SB and Work NOW
Microsoft Publisher I**
Learn the basics of desktop publishing using Microsoft Publisher 2003. See how this application can be used to create flyers, brochures, cards and a multitude of other published projects. Create from its various templates or start from scratch with your own imaginative project. Note: the use of a Pen/Thumb drive is highly recommended but not required. (CED 054 701)
Instructor: Kathy Doe / Cost: $50
Wed., Oct. 14 / 6:30 p.m. to 9:30 p.m.
Intro to Word**
Are you ready to create a paper, letter, or memo? You’ll learn how to use Word to create a document that effectively and professionally represents what you want to say. In our computer lab, work hands-on to familiarize yourself with the technology and integrate specialized text, graphics and/or photos into your document. (CED 054 701)
Instructor: Gregory McBroom / Cost: $40
Wed., Oct. 7 / 6:30 p.m. to 9:30 p.m.

Intro to Excel 2007**
Learn Microsoft Excel at an easy and understandable pace. Starting with the basics you’ll learn how to turn Excel into your most powerful productivity tool. You’ll learn many new ways to use this spreadsheet application to succeed in school and work situations. Create a database, learn sorting and alphabetizing, learn how to create data filters, find records, password protect files, customize and toolbars. Move Excel worksheets to Word and Word documents to Excel. (CED 007 701)
Instructor: Miyako Schanely / Cost: $100
Tues., Oct. 27-Nov. 17 / 6:30 p.m. to 9:30 p.m.

QuickBooks I**
Have you completed QuickBooks I and ready to move on? This workshop is for you! You’ll delve into more detail such as: QuickBooks payroll features, using online banking, estimates and job costing, as well as importing and exporting data to outside programs. If you’ve completed our QuickBooks I workshop and still have the workbook, you’ll receive a discount at registration. Limited to 8 participants. No class on 11/25. (CED 037 701, 702)
Instructor: Mary Hayes, North Shore Accounting / Cost: $175 (Discounted rate: $100)
Wed., Nov. 4-Dec. 2 / 6:30 p.m. to 8:30 p.m.

Intro to Power Point**
Open for individuals who want to learn the skills necessary to harness the easy-to-use Microsoft PowerPoint software to make a presentation in class or at work. Emphasis is placed on learning the software vs. presentation skills. A thumb drive or pen drive is necessary to save your work. (CED 027 701)
Instructor: Gregory McBroom / Cost: $25
Wed., Dec. 2 / 6:30 p.m. to 9:30 p.m.

Search Engine Optimization (SEO)**
SEO is the task of fine tuning that can give an Internet web site a better chance of being listed favorably on search sites. In fact some web sites are making use of outdated practices that could actually harm their placement. Advance website design including on site and off site techniques will be covered. Tom Roberts has been doing coding sites and incorporating SEO for more than 14 years. Basic understanding of HTML coding is preferred but not required. (CED 067 701)
Instructor: Tom Roberts / Cost: $55
Wed., Dec. 9 / 1:00 p.m. to 4:00 p.m.

** SMALL BUSINESS SERIES **

Guerrilla Marketing*
What is guerilla marketing? It’s a low-cost yet highly effective technique to bring new customers into your small business, and keep old customers coming back. We’ll discuss a variety of methods that other companies have used to increase their revenues without huge investments in advertising. By the end of the class, you’ll have a couple of ideas to take back to your business to try out! This workshop is offered in partnership with the Small Business Development Center. (CED 536 701)
Instructor: Sarah O’Connell / Cost: $50
Tues., Oct. 20 / 6:00 p.m. to 9:00 p.m.

Basic Business Start-Up*
Have you always felt you were meant to have your own business, but you didn’t know where to start? Determine if you are entrepreneurial and if so, what kind of an entrepreneur you are. Then investigate what type of business suits you the best. This workshop is offered in partnership with the Small Business Development Center. (CED 067 701)
Instructor: Ann Durant / Cost: $40
Tues., Nov. 10 / 6:00 p.m. to 9:00 p.m.

Basic Reading Skills**
This course will teach basic reading comprehension and analysis of basic Financial Statements and generally accepted accounting principals, and analysis of basic Financial Statements for budgeting. (CED 554 701)
Instructor: John T. Gould / Cost: $40
Thurs., Nov. 5 / 6:00 p.m. to 9:00 p.m.

Show Me the Money*
This workshop is intended for existing and new small business entrepreneurs. Eliminate the mystery and confusion about securing business financing! Discover methods to obtain cash for your business needs, expansion or start-up! Learn what the qualifications are for special funding programs; the real story about grants; and what does a credit score mean. Cash management will also be discussed. (CED 184 701)
Instructor: Ann Durant / Cost: $40
Tues., Nov. 10 / 6:00 p.m. to 9:00 p.m.

**PRACTICAL LEARNING SERIES**

Basic English Skills**
Learn the foundation of English grammar and get an introduction to successful writing from sentence to paragraph level. Students will complete a variety of grammar drills, reading, and writing assignments designed to improve their command of Standard American English grammar, punctuation, usage, sentence structure, and paragraph development. This class is a great refresher prior to assessment testing. (CED 150 701)
Instructor: Martha Papworth / Cost: $45
Tues./Thurs., Oct. 6 & 8 / 6:00 to 9:00 p.m.

Basic Arithmetic Skills**
This course provides concentrated review of basic arithmetic skills. Topics include: operations with whole numbers, fractions, and decimals, ratios and proportions. This class is a great refresher prior to assessment training. (CED 143 701)
Instructor: Martha Papworth / Cost: $45
Tues./Thurs., Oct. 13 & 15 / 6:00 to 9:00 p.m.

Regarding financial statements, the workshop on financial statements is designed to provide an overview of financial statements and generally accepted accounting principles. Students will learn how to read and interpret basic financial statements. The workshop on search engine optimization (SEO) focuses on improving a website’s visibility on search engines through effective coding and site design. This is important for businesses looking to attract online customers. The guerrilla marketing workshop is aimed at small business owners who want to increase their customer base with low-cost marketing strategies. The basic business start-up workshop assists entrepreneurs in determining if they are ready to start a business and identifying the type of business that suits them best. The basic reading skills and basic arithmetic skills workshops are designed for beginners and aim to improve basic skills in reading and arithmetic respectively. These workshops are essential for individuals looking to enhance their literacy and numeracy skills. The show me the money workshop is focused on teaching small business entrepreneurs about securing business financing. It covers topics such as grant qualifications, credit scores, and cash management. The small business series includes workshops on basic business start-up, financial statements, and marketing. These workshops are specifically tailored for small business owners and entrepreneurs. The practical learning series includes workshops on basic English and arithmetic skills, which are aimed at improving reading and arithmetic abilities. These workshops are designed to be accessible to beginners and focus on practical skills that individuals can apply in their daily lives.
Physical Conditioning & Wellness
JCC offers state of the art fitness equipment, with personal attention to an individual’s needs and fitness goals. Participants will receive orientation on fitness equipment, optional physical fitness testing, a body composition test and written exercise program upon request. Participants are welcome to sign up each semester. The workshop activity will take place in the JCC McGrann Fitness Center. Call 786-2338 or 786-2232 Monday through Friday for an orientation appointment. (CED 607 701)

Instructor: Laurie Smith / Cost: $100
Aug. 31-Dec. 11

Hatha Yoga
Hatha Yoga can help you achieve a stronger and more flexible body, and increase your range of motion. Regular practice has been shown to relieve stress, increase energy, and promote a general feeling of well-being. Learn breathing techniques, body awareness (basic Yoga postures), visualization and meditation techniques. Participants will need a Yoga/exercise/camping mat and cushion and should dress in loose, comfortable clothing. This is a 10-week commitment. (CED 676 701)

Instructor: Jeff Rule / Cost: $65
Tues., Sept. 15-Nov. 17 / 4:30 to 6:00 p.m.

Self Defense
Do you want to know how to protect yourself in any situation? Learn no-nonsense, practical self defense techniques including awareness methods, information about attackers and their tactics, breathing and centering methods, verbal defense tools, and direct, simple techniques to incapacitate an attacker long enough to make a safe escape. Men and women welcome. (CED 685 701)

Instructor: Todd Bettinger / Cost: $30
Sat., Oct. 3 / 1:00 to 5:00 p.m.

Lymphatic Massage
Lymphatic massage or lymph drainage massage is a technique used to help increase lymph flow. Lymphatic massage utilizes a very light pressure combined with soft pumping movements in the direction of the lymph nodes. Immune system function can be significantly improved, increasing metabolism and helping the body to eliminate waste and toxins. In this workshop you will learn the basic massage techniques to increase lymph flow. To get the best results from a lymphatic massage, seek out a suitably trained and qualified therapist. Limited to 10 participants. (CED 173)

Instructor: Barb Trainham, L.M.T. / Cost: $25
Wed., Oct. 14 / 6:00 to 8:00 p.m.

Beginning Meditation
Not everyone can meditate. Baloney! This non-credit workshop will focus on the common misconceptions about meditation. We all can learn to meditate. It just takes an open mind, a little patience and some practice. (CED 674 701)

Instructor: Todd Bettinger / Cost: $30
Sat., Oct. 17 / 1:00 to 3:00 p.m.

Practical, Every Day Massage
Relax and release tension with these practical techniques to alleviate pain, discomfort and muscle spasm. Apply them to yourself or others as a way to improve circulation and enhance relaxation and health. The instructor, a well-respected masseuse, will guide you through exercises that you can use every day! Please wear loose, comfortable clothing. Limited to 10 participants. (CED 671 701)

Instructor: Barbara Trainham / Cost: $25
Wed., Nov. 4 / 6:00 to 8:00 p.m.

ART, DANCE & MUSIC SERIES

Swing is King! Advanced
Swing dancing is incredible fun, great exercise, and extremely popular with people of all ages worldwide. If you have ever wanted to do this dance well or improve your technique this is the opportunity. This workshop is not a repeat of the previous Swing is King workshop. Other than the a few basics to get everyone on the same track all the figures will be new, enabling you to enhance your swing dancing regardless your level. The focus will be on East Coast Swing using a six-count triple step and building from there. A prior knowledge of the basic step and an ability to hear timing in music will be a great help but not a prerequisite. This will be for seriously motivated individuals or couples; partners are helpful but not necessary. Dress for some serious exercise paying particular attention to footwear. Smooth or suede leather soled, lightweight shoes are best. Heavy shoes, inflexible shoes, or shoes with rubber soles will make your dancing more difficult. Don’t be a wallflower any more...Walk in, swing out! (CED 266 701)

Instructors: Doug & Bonnie Johnston / Cost: $65 / Tues., Sept. 8-Oct. 13 / 7:00 p.m. to 8:30 p.m.

Beginning Ballroom Dancing
JCC’s most popular dance class! Learn to perform the basic steps to five of the most commonly played ballroom dances. Learn the basics of the Foxtrot, Waltz, Swing, and Mambo. No experience is necessary. Singles are welcome. (CED 251 701)

Instructors: Tom & Maria Cesta / Cost: $65
Wed., Sept. 9-Oct. 14 / 7:00 p.m. to 8:30 p.m.

Community Orchestra & Wind Ensemble
Don’t let your musical talents waste away with that old instrument in the closet. Check out JCC’s Community Orchestra and/or Wind Ensemble. All ages welcome. There is no audition for this program, although a selection process may be necessary to achieve balance in some sections. String players with any experience are especially welcome. The repertoire will be classical with a few popular selections. No class Nov. 25, . FREE Concert to the public on Dec. 18, . (CED 201, 202, 203 701)

Instructor: Dan Mosher / Cost: $50
55+ Discount: $40 (CED 201 703)
Wed., Sept. 16-Dec. 16
Orchestra: 6:00 to 8:00 p.m.
Wind Ensemble: 8:00 to 10:00 p.m.

Fundamentals of Fiction Writing
Ever read a great story and thought to yourself, “I wish I could do that?” Learn tips and exercises to help you begin to create characters, fashion plot lines, create conflict and eventual resolution to fashion a short story. Exercises include developing realistic dialog and descriptions. The final session will be an opportunity for each writer to share their work with the group in an open and welcoming setting. (CED 358 701)

Instructor: Carlton Fisher / Cost: $75
Thurs., Oct. 1-22 / 6:00 p.m. to 9:00 p.m.

Braided Chair Pad
If it’s a chair pad or a rug you want this workshop will teach you the skills necessary to do both! You will be working with wool strips of fabric and lacing twine to create a 14 inch wide chair pad. In the process you’ll be introduced to the skills to create an oval or square rug as the beginning (the navel), and the end (the tail) are the same. The registration fee includes a kit that contains a clamp, lacing needle, wool strips of fabric with rows marked, and enough twine to finish the chair pad. Indicate at registration your choice of colors. Bring a bagged lunch to this workshop because once you get started you will not want to stop! This workshop is brought to you through a partnership with Traditional Arts in Upstate New York (TAUNY) located in Canton, NY and is limited to six participants. Visit TAUNY’s website at: www.tauny.org and learn more about Helen Condon by visiting her website at: www.adirondackrugbraiding.com. Material costs included. (CED 434 701)

Instructor: Helen Condon / Cost: $95
Sat., Oct. 17 / 10:00 a.m. to 4:00 p.m.
Foxtrot and Cha Cha
Foxtrot is the most common of the social dances. Cha Cha is one of the most common of the “Latin” dances. In this class the objective will be to learn to Foxtrot with improved style and to add sufficient additional steps to the basics to greatly enhance your appearance and make Foxtrot the extraordinary dance for you it should be. Cha Cha is an energetic, stylish, fun dance done to a great variety of music. You will learn how to take the basics and quickly add several variations bringing that style and fun into your Cha Cha repertoire. The overall emphasis for both dances will be on learning, technique and enjoyment. Partners are not necessary. Dancers will occasionally change partners as a way to improve leading and following. (CED 252 701)
Instructors:  Doug & Bonnie Johnston / Cost: $65 / Wed., Oct. 21-Dec. 2 / 7:00 p.m. to 8:30 p.m.

Chain Maille Jewelry Making
This non-credit workshop is for beginners who want to learn the how-to’s of chain maille. It is the same chain maille you would have seen during Renaissance time, only more jewelry and less armor! Participants will make a bracelet or necklace. Materials are provided. (CED 431 701)
Instructor: Sharon Murray / Cost: $40 Sat., Nov. 7 / 10:00 a.m. to 12:00 p.m.

Holiday Necklaces & Bracelets
Create a beautiful holiday necklace and bracelet set suitable for gift-giving or wearing to that special holiday party! This workshop is suitable for all skill levels. Materials are provided. (CED 422 701)
Instructor: Sharon Murray / Cost: $40 Sat., Nov. 7 / 1:30 p.m. to 3:30 p.m.

COOKING SERIES

Learn to Cut and Cook Vegetables
Get educated on the foods you intend to cook before you fire up that stove! Pope Vickers will teach you how to select and prepare all types of vegetables before moving onto the recipes. (CED 287 701)
Instructor:  Pope Vickers / Cost: $50 Fri., Sept. 11 / 5:00 p.m. to 8:00 p.m.

Birthday Cake Decorating
Do you want your birthday cakes to stand out? This workshop is perfect for the person looking to add pizzazz to the classic birthday cake. We will provide the tools and training you need to learn the skills necessary to create fun designs that are fun and appropriate for all ages! (CED 286 701)
Instructor: Monica Atanasova / Cost: $50 Thurs., Oct. 8 / 5:00 p.m. to 9:00 p.m.

Do It Yourself Cocktail Party
Holding a cocktail party for friends and coworkers? Impress them all with your innovative and tasty hors d’oeuvres learned in this class. This is a popular cooking class so register early! (CED 329 701)
Instructor:  Boo Wells / Cost: $50 Thurs., Oct. 15 / 5:30 p.m. to 9:30 p.m.

Reduced Fee Quick & Easy Heart Smart Menus
Heart smart menus do not have to be boring, or taste like diet. Learn to make tasty meals that are low in fat, sodium, and meet other special dietary needs. (CED 297 701)
Instructor: Boo Wells / Cost: $25 Fri., Oct. 16 / 9:00 a.m. to 12:00 p.m.

Holiday Cookies
Great gift idea! Learn how to create delectable goodies for the holidays – new and traditional favorites – so you can give plates of homemade cookies as gifts or keep them all for yourself! (CED 325 701)
Instructor:  Cathy Gallagher / Cost: $50 Sat., Oct. 24 / 1:00 p.m. to 5:00 p.m.

Reduced Fee Gourmet Meals in Minutes
Tired of the same old dinner night after night? This hands-on workshop will put the pizzazz back in your meals and help you create a menu that is more dinner than supper. (CED 343 701)
Instructor: Boo Wells / Cost: $25 Fri., Nov. 20 / 9:00 a.m. to 12:00 p.m.

Reduced Fee Tapas
Tapas have become trendy in many American cities, although it is not necessary to dine out when craving these bite-sized eats! Just gather some friends and serve some of Spain’s tastiest treats. (CED 300 701)
Instructor: Boo Wells / Cost: $25 Fri., Dec. 4 / 9:00 a.m. to 12:00 p.m.

A Saturday with Chocolate
Nothing says chocolate like truffles. Learn how to make these decadent chocolate morsels that are only limited by your imagination. Rich dark chocolate, flavored by your favorite liqueur, and garnished with festive coatings. You’ll impress yourself and your guests. From creating to stunning presentations to packaging, this workshop is sure to impress! of homemade cookies as gifts or keep them all for yourself! (CED 325 701)
Instructor: Cathy Gallagher / Cost: $50 Tues., Dec. 5 / 1:00 p.m. to 5:00 p.m.

KIDS WORKSHOPS

Kitchen Chemistry (Grades 5 – 8)
We are dedicating time to homeschoolers who want to join us in the kitchen to learn about food, cooking and the chemistry behind it! This is a 3-hour version of our popular 15-hour kid's camp offered in the summer. Themes will vary each month but include: Ever wonder why popcorn pops? Or why onions make you cry? Of course the food is edible so you’ll also learn fun snack recipes. Limited to 10 participants. (CED 842 701, 702)
Instructor: Boo Wells / Cost: $25 Fri., Oct. 9 or Dec. 11 / 9:00 a.m. to 12:00 p.m.

Pottery for Kids (Ages 12+)
Children will learn the basics of pottery design through hand building their own pottery including a mug, bowl and sculpted piece. Glazes and clay are included in the cost of the workshop. Limited to 10 participants. Brought to you through a partnership with The Handweaving Museum & Arts Center, Clayton, NY. (CED 836 701)
Instructor: Andrew Minnery / Cost: $30 Mon., Oct. 12 / 1:00 p.m. to 4:00 p.m.

PHUN Stuff! (Grades 5 – 8)
Students will use a program named PHUN (Physics Fun) to experiment with modeling. Emphasis will be placed on the use of the software to experiment with physical phenomena. The focus will be having fun “building” simulated environments using objects and their properties. Limited to 15 participants. (CED 845 701)
Instructor: Jack Donato / Cost: $30 Mon., Oct. 12 / 1:00 p.m. to 4:00 p.m.

Parent/Child Jewelry Making (Ages 4+)
Are you looking for a fun, family activity? Grandparents, parents and children will enjoy this interactive, creative workshop. Learn jewelry making basics and go home with a one-of-a kind jewelry piece. All skill levels are welcome. Materials are provided. Limited to 12 participants. (CED 827 701)
Instructor:  Sharon Murray / Cost: $20/pp Sat., Oct. 17 / 10:00 a.m. to 12:00 p.m.
**Home and Energy Series**

**Solar Powered Electrical Systems**
Setting up a sun powered electrical system isn’t very difficult at all. Participants will learn the basics of using photovoltaic panels to make electricity for their everyday use. Learn about system design and size, batteries, wiring, types of PV panels, charge controllers, and inverters that turn battery power into house-hold electricity. All students will participate in the construction of a complete off-grid solar powered electrical system. Electrical safety and grants available for grid-tied electrical systems will be discussed. (CED 179 701)

**Instructor:** Jim Juczak / **Cost:** $65

**Wed., Sept. 16 – Oct. 28**
6:00 p.m. to 8:00 p.m.

**True Sustainability**
If you believe that buying a hybrid car, installing compact fluorescents in your home and making a $500 donation to the Sierra Club is helping to solve world problems, then this workshop isn’t for you. True sustainability must involve deliberate changes in western society’s lifestyle. This workshop will discuss what events will be affecting your life in the near future and how you could develop easy, fun strategies that will allow you to cope with them. Reducing your dependency on electricity, saving money on food, fuel, transportation and entertainment will be discussed. (CED 139 701)

**Instructor:** Jim Juczak / **Cost:** $40

**Fri., Sept. 18**
6:00 p.m. to 9:00 p.m.

**Tool Time: Plumbing & Electrical**
Leaking faucet keeping you up at night? Need to install that ceiling fan you just bought? For all those who are a little intimidated by basic home repairs, this workshop is for you! Get a better understanding of basic plumbing and electrical work and gain the confidence to do it yourself. Come to class dressed to get messy. (CED 695 701)

**Instructor:** Sharon Murray / **Cost:** $35

**Sat., Sept. 19**
1:00 p.m. to 4:00 p.m.

**Building Efficiency for Maintenance Personnel**
This two day workshop is for maintenance personnel who want to expand their knowledge of building efficiency to decrease energy waste. Issues such as the building envelope and the future of lighting, universal waste regulations and electric usage will be discussed. Participants will also learn calculating, energy usage with heating degree days. This two day workshop is offered at Jefferson Community College through a partnership with Cornell Cooperative Extension of Jefferson County. Instructor Gerald Loch, is a Community Energy Educator, and holds NYSERDA certification. (CED 179 701)

**Instructor:** Gerald Loch / **Cost:** $45

**Mon. & Wed., Oct. 5 & 7**
3:00 p.m. to 5:00 p.m.

**Wind Power for Homeowners**
Attendees will build a 500 watt axial-flux wind turbine from its basic raw components. Blades, stator, rotor, windings and mechanical assemblies will be discussed and constructed. Safety, tools, and procurement of components will also be covered. Mr. Juczak lectures and presents workshops nationally on a wide variety of topics including mortgage free/alternative construction, building on and off grid home energy systems, self-reliance, cordwood construction techniques, wind turbine construction and food growing & preservation techniques. (CED 154 701)

**Instructor:** Jim Juczak / **Cost:** $55

**Thurs., Oct. 8/9**
5:00 p.m. to 7:00 p.m.

**Affordable Solar Strategies for NNY**
Learn more about affordable solar strategies to bring down energy costs. Discussion will cover air tightness; adequate ventilation; passive solar; sunspaces; solar electric and solar hot water. (CED 182 701)

**Instructor:** Dean Anthony / **Cost:** $35

**Sat., Oct. 10**
1:00 p.m. to 3:00 p.m.

**Green Building – A “Common Sense” Approach**
In the last couple of years Green Building has become mainstream and with good reason, it makes sense. Architect, Brian Jones, will introduce you to a “common sense” approach to green building. Topics include LEED principles, sensible design techniques, and low cost sustainable solutions. Mr. Jones is LEED accredited. (CED 156 701)

**Instructor:** Brian Jones, Architect, AIA, LEED AP / **Cost:** $45 / **Thurs., Oct. 15**
5:00 p.m. to 7:00 p.m.

**Residential Site Design for Energy Efficiency**
This course will assist homeowners, developers, design professionals, landscapers, and others who have an interest in pursuing sustainable, environmentally friendly, and energy efficient site design technologies for their homes and residential properties. Plant species selection, plant groupings and placement, and building site orientation for increased energy efficiency will be highlighted. This professional development course will be submitted for Continuing Education Credit (CEU) for Architects and Landscape Architects through AIA and ASLA. (CED 183 701, 702)

**Instructors:** William Christopherson, Landscape Architect, ASLA & Brian Jones, Architect, AIA, LEED AP / **Cost:** $55 (no CEU) or $70 (seeking CEU)

**Tues., Nov. 3 / 9:00 a.m. to 12:00 p.m.**

**Compass Reading**
If you are ever lost, walking aimlessly in a panic only wastes time and energy. Knowing how to read a map and compass may save your life. Whether you are a hiker or just interested in learning how to read a compass this workshop is for you! The instructor will teach you the basics of using both a Baseplate and a Lensatic compass. You’ll learn how to triangulate and how to walk an azimuth too. (CED 181 701)

**Instructor:** Robert Lawrence / **Cost:** $35

**Sat., Nov. 7 / 10:00 a.m. to 12:00 p.m.**

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**Cornell University**
**Cooperative Extension**
**Jefferson County**
How To Register for Non-Credit Workshops
Early registration is recommended; seating is limited!

Jefferson Community College offers four convenient ways to register for a non-credit workshop. Complete the registration form below and register in person, by mail, over the phone, or by fax.

Payment is required at time of registration. Acceptable forms of payment include check (made payable to Jefferson Community College); credit card (Mastercard, Visa, Discover); money order; debit card; or cash. You are enrolled as soon as we receive your registration form and payment.

Honored Discounts: Members of AUSA, Greater Watertown Jaycees, JCC Alumni Association, and Greater Watertown Chamber of Commerce are entitled to a $5.00 discount off any non-credit workshop. Members of Jefferson’s Table are entitled to a $5.00 discount off any non-credit cooking workshop. A membership card must be presented at time of registration.

Course Cancellation & Refund Policy: Jefferson reserves the right to cancel any course which does not receive the necessary minimum enrollment. If a course is cancelled, registered students will have the option of switching to another course of equal value or receiving a refund. Jefferson will offer a 100% refund that will be returned by mail. The Continuing Education Division will attempt to notify registrants by telephone of the course cancellation.

In order to withdraw from a course, the Continuing Education Division must be notified of your withdrawal 24 hours before the scheduled start date. No refunds will be given after the start of a workshop.

Jefferson Community College
Continuing Education Division
1220 Coffeen Street
Watertown, NY 13601

Continuing Education Division, Room 6-217, Jules Center
Office Hours: Monday-Friday, 8:30 a.m.-5:00 p.m
Email: continuingeducation@sunyjefferson.edu
Phone: 315-786-2233 • Fax: 315-786-2391

JEFFERSON COMMUNITY COLLEGE
Worshop & Seminar Registration Form

Please Print Clearly
Name: ______________________________________ e-mail: ______________________________________
Address: ______________________________________ Gender: □ Male □ Female
City: ____________________________ State: _____ Zip: _____
County: ____________________________ Day Phone: ____________________________
Evening Phone: ____________________________

Have you ever enrolled for a credit course, seminar or workshop before? □ Yes □ No

CED #: Sect. I.D. Workshop Title: Start Date: Fee:
__________________________________________
__________________________________________
__________________________________________
__________________________________________

Circle one  
MASTERCARD / VISA / DISCOVER Card #: ____________________________

Name (as it appears on card):
______________________________
Exp. Date: ____________________________ Signature: ____________________________

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