Wash your hands often with soap and water for at least 20 seconds.
Clean and disinfect frequently touched objects and surfaces.
Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.
Wear a mask over your nose and mouth.
Do not touch your eyes, nose, or mouth.
Stay at least 6 feet (about 2 arms’ length) from other people.
If you are sick, stay home except to get medical care.
For more information visit: www.sunyjefferson.edu/coronavirus